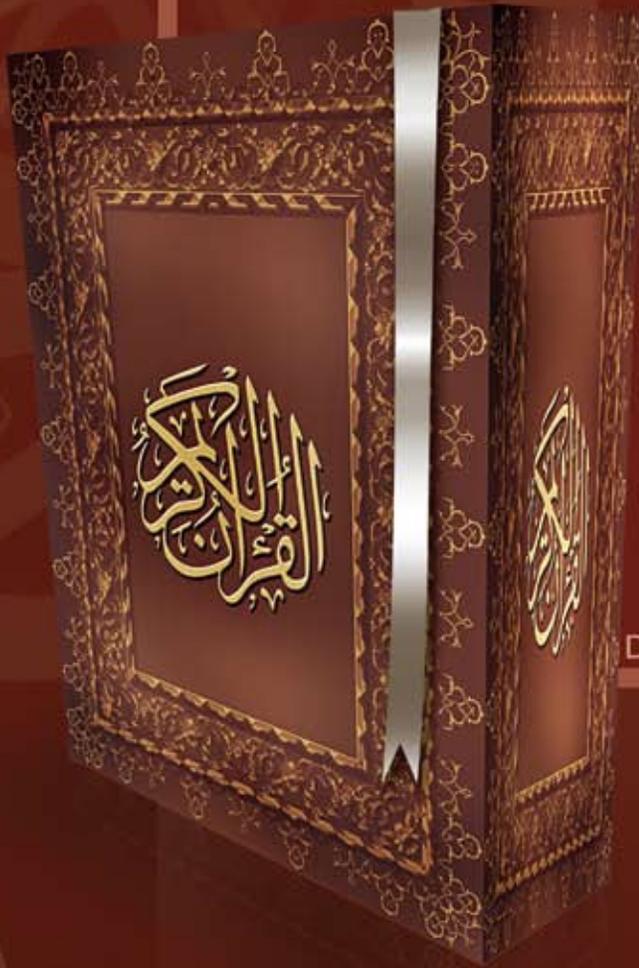


# Manitoba Muslim

May 2009 Vol.10 Issue 2



Designed by [alwaan.ca](http://alwaan.ca)

Your Community Newsletter

# Flying Pizza



Halal Pizza  
available in Winnipeg  
at

**801- A Sargent Location**

16" Extra Large  
Cheese and Sauce

only for  
\$7.65 +Tx

9 Piece Chicken  
9 Potato Wedges

only for  
12.99 +Tx

**Delivery in Limited Area**

2 Medium 12"  
4Toppings on each  
2 Litre Coke

only for  
\$18.99 +Tx

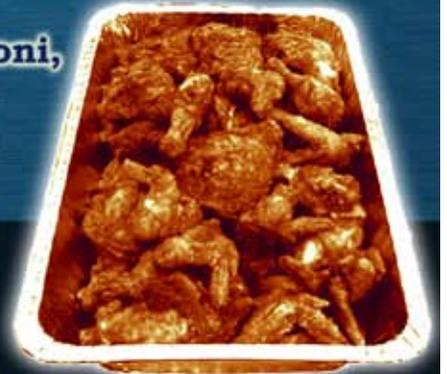
2 Large 14"  
4Toppings on each  
2 Litre Coke

only for  
\$20.99 +Tx

**We Have Halal Beef, Halal Beef Pepperoni,  
Halal Beef Salami, Halal Chicken,  
Halal Sauce and Halal Beef Sauce**



**801- A Sargent Ave  
Ph: (204) 940-7770**





# SUNRISE INTERNATIONAL

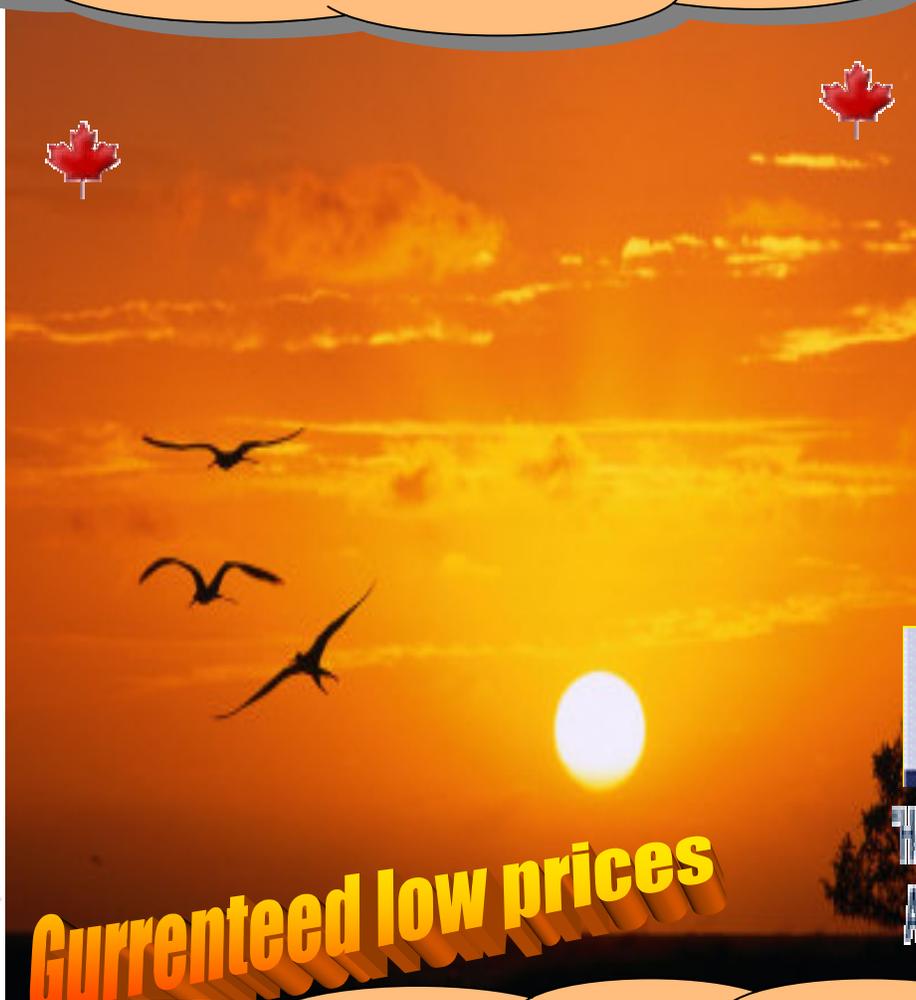
## TOURS & TRAVEL SERVICES



### Ap- pointed Agents for

- Aeroflot
- Aircanada
- Air france
- Air Jamaica
- Alitalia
- Austrian Airline
- British Airways
- British Midland
- BWIA
- Cathay Pacific
- Cubana
- Czechlines
- Delta
- Egypt Air
- Emirates
- Finn Air
- KLM
- Kuwait Airways
- Lot Polish
- Lufthansa
- LTU International
- Malev
- Mexicana
- Middle East
- North West
- Qantas
- Qatar Airways
- PIA
- Royal Air Morocco
- Sabena
- Saudi
- Arabian
- Swiss Air
- Turkish
- United Airlines

Low fares for Middle East -Africa-  
Indian Subcontinents



MEMBER  
OF



**Guaranteed low prices**

**PICK UP THE PHONE AND DISCOVER  
THE BEST DEALS**

**804 SARGENT AVENUE, WINNIPEG MB, R3E 0B8,  
VISIT US : [www.sunrisecanada.com](http://www.sunrisecanada.com)  
PH: (204) 779 6099, FAX: (204) 779 5610.**

Our Store is FULL of FRESH and TASTY ideas.....

## *Spicy and Tangy Burgers with Creamy Garlic Sauce* An Original **RECIPE**, from the Staff of Halal Meat Centre.

You will need:

- Yusufis Hot Burgers or
- Halal Meat Centre 6 Pepper Burgers
- Pomegranate Paste
- Labna (*pressed yogurt*)
- Garlic Paste
- ✓ (All of the above ingredients are available at Halal Meat Centre & Specialty Foods)

How to Prepare:

- Cook burgers on BBQ Grill.
- When one side is done, flip and cover cooked side with 1 to 2 teaspoons of Pomegranate paste while other side completes cooking (the heat will thicken the pom. paste).
- In separate bowl mix half a tub of Labnah with 1 Tablespoons of garlic paste. *Note: you can add as much or little garlic as you like. We, of course, always love more.*
- Remove burgers from grill and spread top with garlic sauce.
- Serve as is, or in a bun with fresh veggies.

Your  
**BBQ**  
Source!



NEW FROM OUR  
SMOKEHOUSE :

- ~Beef Jerky~
- ~Soujok Sausage~
- ~Pepperette Sticks~
- ~Farmer's Sausage~
- ~Garlic Sausage~
- ~Pepperoni~



HALAL MEAT CENTRE  
& SPECIALTY FOODS

SPECIALTY FOODS FROM THE MIDDLE EAST, MEDITERRANEAN, AND AROUND THE WORLD

206 MARYLAND ST. ~ WINNIPEG, MANITOBA ~ (204) 774-8095 ~ HALALMEATS@HOTMAIL.COM

## Feedback

The Manitoba Muslim would like to hear from its readers! If you have any comments, suggestions or if you'd like to advertise in this newsletter please contact us at:

[editorialboard@miaonline.org](mailto:editorialboard@miaonline.org)

## Friday Prayer Locations

MIA Grand Mosque  
2445 Waverley St.  
256-1347

MIA St. Vital Mosque  
247 Hazelwood Ave.  
254-3979

Winnipeg Central Mosque  
715 Ellice Ave.  
783-6797

University of Manitoba  
Education Building, main floor

Health Science Center  
820 Sherbrook St.  
Room 215

Pakistani Association Center  
348 Ross Avenue

# Manitoba Muslim

## Volume 10 - Issue 2, May 2009

## Table of Contents

---

- 1 Editorial
- 1 Words of Revelation
- 1-2 Community News
- 2-4 Local Events
- 7-18 Articles
- 22-28 Reports

## Editorial Board

Br. Ismael Mukhtar (Chair)	Editor-in-Chief	275-8651
Br. Idris Elbakri	Deputy Editor	589-6779
Br. Abdulaziz Mian	Advertisement and circulation	253-6987
Br. Adeel Mirza	Online editor	291-9436
Sr. Autumn Crossman	Opinion page editor	
Br. Hayat Azmat	Editor	831-5763
Br. Osaed Khan	MIA executive liaison	
Sr. Nusraat Masood	Ad-hoc assignments	
Sr. Raja El-Mazzini	Family and youth section editor	
Br. Ryan Ramchandrar	E-newsletter editor	
Sr. Taibah Awan	Community section editor	
Sr. Yasmin Ali	Editor	489-3803

Opinions and views expressed in this newsletter are the sole responsibility of their authors.

# Editorial

---

## Our Health

After a long and a bitterly cold Manitoba winter, we are finally in the spring season. Everything around us is fresh and bursting with positive energy. This is another opportunity to reflect and express our gratitude to Allah (SWT) for the great blessings that He has bestowed upon us. One of these blessings is our health, which we often take for granted and sometimes tend to ignore.

We should regard health as one of Allah's (SWT) great favors and thank Him for bestowing us with it. Allah (SWT) has entrusted us with our bodies. It is therefore incumbent upon us to safeguard this trust by looking after our health. Jabal An-Nour (the mountain of light) stands at roughly 800-900 meters above ground level. It was here where Prophet Muhammad (PBUH) received the first revelation of The Holy Quran. Certainly, climbing this mountain in one of the harshest climates on Earth was no easy task. One is awed by the enormity of a daunting landscape and the physical strength and endurance required for reaching the cave on the mountain. However, the Prophet (PBUH) visited the cave

many times to contemplate and reflect. This, coupled with the migration to Madina from Makkah and the numerous battles led by the Prophet, forces one to recognize that the Prophet (PBUH) had to be in top physical condition to do these things.

It is reported that over 60% of older adults are deemed 'physically inactive'. According to the Heart and Stroke Foundation of Canada, one simple method for preserving health is to incorporate an element of physical activity in one's daily routine. It reduces the risk of major diseases such as a heart attack or a stroke by controlling high blood cholesterol, high blood pressure and obesity. It also reduces the risk factors for cancer, type 2 diabetes, osteoporosis and arthritis. In addition, it also reduces stress, increases energy and improves mental outlook.

Thus, through active living and eating a balanced diet, one can preserve his or her physical and mental health. Not only would this please Allah (SWT), it will also be in the tradition of the life of the Prophet (PBUH), and would lead to a better quality of life.

## Community News

---

### Births:

Br. Eyad Tobail and Sr. Huda were blessed with a baby boy named Omar.

Br. Sharaf and his wife were blessed with a baby girl named Zeinab.

Br. Idris Elbakri and Sr. Bayan were blessed with a baby boy named Abdulgani.

Br. Abdulwahid and Sr. Rukiya were blessed with a baby boy named Hamid.

### Good-bye to:

Br. Naeem Akhtar moved to the USA accepting a new assignment with his company. Br. Naeem was the 1st Vice President of MIA in the current administration. He served in this position for more than one term. He was also responsible for the establishment and administration of the MIA Scholarship project.

### Condolences:

Sr. Nabila Kandil, a long time resident of Winnipeg passed away. Sr. Nabila was the wife of Dr. Ezzat Ibrahim, ex MIA President.

## Words of Revelation

### Qur'aan

"And the servants of (Allah) Most Gracious are those who walk on the earth in humility, and when the ignorant address them, they say, "Peace!"; (Surah Al-Furqan)

### Hadith

Abu Darda (May Allah be pleased with him) reported: The Prophet said, "Nothing will be heavier on the Day of Resurrection in the Scale of the believer than good manners. Allah hates one who utters foul or coarse language." (Reported by Tirmidhi)

**Editor's note:**

In the past few weeks, the Muslim community in North America lost two of the pioneers of Islamic work, Dr. Ahmed Elkadi and Dr. Hassan Hathout. The Quranic verses urge us to always remember the contributions of those who came before us: "And those who came after them say: Our Lord! Forgive us and our brethren who came before us into the Faith" (Surah 59, verse 10). The Manitoba Muslim therefore publishes the obituaries of these two late Islamic workers and asks Allah to reward them and forgive their shortcomings.

**Dr. Ahmed Elkadi, a veteran Muslim leader in North America passes away.**

Dr. Ahmed Elkadi passed away on April 11, 2009 in Panama City, Florida. He was 69 years old and well known in the dawa work across North America. He migrated to the USA 44 years ago. A heart surgeon by profession, he was a leading figure in every aspect of Islamic work in North America.



Dr. Elkadi visited Winnipeg more than once attending conferences here. He left positive impressions upon the youth and the community at large.

"Dr. Elkadi leaves behind a legacy - a *sadqah jariyah* - not only through his dedication towards Islamic work but also through righteous children. He will be remembered for his soft-spoken and caring demeanor while constantly involved in finding ways to be able to serve Islam and Muslims. Iman Elkadi, his wife, four daughters, and several grandchildren survive him." (excerpt from ISNA's statement)

**Dr. Hassan Hathout, a multicultural physician, ethicist and poet, has died.**

Dr. Hassan Hathout MD, PhD, FRCOG, FRCSE, FACS, (1924-2009) died Saturday, April 25, 2009 at home in Pasadena, CA. Dr. Hathout was a world-renowned obstetrician and gynecologist. He was an active member of the World Health Organization committee for Medical Ethics. He was also co-founder of the International Organization of Medical Sciences, which was designed, with the primary goal of dissemination of God-guided medical ethics.

Dr. Hathout was the keynote speaker at the first Christian-Muslim celebration at the White House in 1999. Additionally, he was the co-founder of the Interfaith Council of Southern California, and an invited speaker in many religious and interfaith locations locally and nationwide, including the Wilshire Temple, the Crystal Cathedral, and the United Methodist Church of Pasadena. Dr. Hathout received

many awards for his humanitarian and interfaith work. He was author of numerous medical, ethical, and religious manuscripts, chapters, and books including: *The Spirit of the Red Cross in the Teachings of Islam*, *The Humane Physician*, *Islamic Perspectives on Obstetrics and Gynecology*, *Reading the Muslim Mind*, *Thus Shall I Stand before God*, and *Audible Silence*.

Dr. Hathout served on ISNA's Majlis Ash-Shura from 1997 to 1999. He also received ISNA community service recognition award at ISNA's west zone regional conference. In 1999, the Islamic Center of Southern California conferred its American Muslim Achievement award on Dr. Hassan Hathout.

In addition to being a scientist and ethicist, he was a bicultural and bilingual poet, speaker, thinker, and writer.

## Local Events

---

**Conferences:****Parenting conference:**

A one day conference on parenting was organized on April 26 at St. Paul's College, University of Manitoba. The event was organized by ISSA and co-sponsored by: CMWI, Manitoba Muslim Seniors Association, Alhijra Islamic School, and Al-Noor weekend School. Guest speakers, Dr. Rida Beshir and Dr. Ekram Beshir were invited from Ottawa. The two speakers are wife and husband and have authored several bestselling parenting, marriage and family books in North America in English and Arabic languages.

**MSA annual conference:**

The 19th annual MSA conference was held at the University of Manitoba from February 13th to February 15th. The theme of the conference was: Dimensions of Self-Purification. Guest speaker Br. Abduraheem Green from England and Br. Ismael Mukhtar made presentations on the conference theme (see conference report).

**Halaqas and lectures:****Arabic halaqa:**

The revived Arabic halaqa was held in the Waverly Mosque on March 13th. The Arabic halaqa is an Islamic studies program focusing on studying Hadith and Tazkiya (self purification) and was conducted in the Arabic language. The halaqa was started in the mid '80s and was conducted weekly for more than 12 years. For a few years the Halaqa had been sporadic

*continued on page 3*

and essentially discontinued but now it has been revived and will be held bi-weekly at the Waverly Mosque.

**Youth halaqa:**

The monthly Muslim Association of Canada (MAC) halaqas continues to be held at the Winnipeg Central Mosque (WCM) as well as the Waverly Mosque on alternate months. Various topics such as: The history of Salahadeen, How do we love Prophet Mohammed, Heedlessness and other topics were covered (see: <http://www.youtube.com/winnipegmuslims>). As well, the weekly "after Zuhr Sunday halaqa" for the youth continues at the Waverly Mosque by Imam Hosni.

**Lecture series:**

The IIIM monthly lecture series on the four Imams continued to be held on a Friday once a month at WCM. The history of Imam Malik, as well as Imam Al-Shafi were covered in these lectures.

**Video Lecture Series:**

The Zubaidah Tallab Foundation held 4 video lectures in the Winnipeg Central Mosque every second Sunday in March and April. The program was well attended with an average attendance of 200 people. Video lectures by Khalid Yassin and Imam Siraj Wahaj were a favorite amongst the crowd. A delicious dinner was served after the videos.

**Re-opening the MIA library:**

The Al-Hikma MIA Library officially opened on March 15th. The library includes a variety of materials on Islam and Muslims for both children and adults, in Arabic and English languages. The library was first established in the '80s at the Hazelwood Mosque. Recently it moved to the Waverly Mosque.

**Winnipeg Muslim Book Club:**

The book club project has been revived and is now in full gear. The first meeting was held on May 9th at the Waverly Mosque. The book of Dr. Tariq Ramadan titled: *Radical Reform* was chosen as the first read for all members. For more info: <http://www.winnipegmuslims.ca/>

**Anniversaries:**

**Manitoba Muslim Magazine:**

The Manitoba Muslim 10th Anniversary Dinner was held at the Wildewood Club, Saturday February 28th. The keynote Speaker was Imam Mohamed Magid. He is the Imam and Executive Director of the All Dulles Area Muslim Society (ADAMS) and Vice President of the Islamic Society of North America - USA. The program included speeches, presentation of awards and prizes. A number of local Muslim businesses received awards for their continued support to the Magazine. Included were Sunrise International and



**Keith Tod**  
**Realtor**

**204-228-4377**

**Free market evaluations!**

**RE/MAX<sup>®</sup>**  
**professionals**

**1601 Buffalo Place**  
**Winnipeg, MB**  
**R3T 3K7**



**Knowledgeable-Ethical-Experienced**



*Each office independently owned & operated.*

Flying Pizza. As well, Br. Imran Khan, Sr. Saddia Durrani and Br. Ismael Mukhtar were given awards for their contributions to the Manitoba Muslim Magazine. Further, Sr. Asma Mneina was awarded with a prize for winning the essay competition.

### **Islamic Social Services of North America (ISSA):**

ISSA's 10th anniversary celebration was held on April 3rd at the Hilton Suites. The event was attended by the Lt. Governor, government officials, MLAs and representatives of various organizations. ISSA's first special national "Ihsan Award" was presented to Mr. Richard Frost, CEO of the Winnipeg Foundation, in recognition of his community work.

## **Fundraising:**

### **Canadian Muslims for Palestine (CMP):**

The CMP held a fundraising event on April 10th at the Waverly Mosque. The event included exhibitions, bake and book sales and various displays on Palestine. Part of the proceeds is to be sent for relief efforts in Gaza through IRFAN.

### **Ross Center:**

A fundraising dinner for the renovation of the Ross Center was held on April 18th at the Waverley Mosque. The event was organized by the Pakistani Association. The program included speeches, fundraising drives and display of the proposed architectural plan and almost \$30,000 was raised.

# Announcements

---

## **First Annual Muslim Business Awards Gala**

Let's celebrate our success and recognize those Muslims who excel among their peers!

**When:** June 13, 2009

**Where:** Fort Garry Hotel

**Tickets:** \$150 each and are expected to go very quickly. Dress code in effect - formal attire.

**Speakers include:** Premier Gary Doer (tentative), Dave Angus, President of the Winnipeg Chamber of Commerce and Sheikh Hamid Slimi from Toronto.

**Also invited are:** Lt. Governor John Harvard, Liberal Party Leader Jon Gerard, Deputy Mayor Justin Swandell,

Minister of Water Stewardship Hon. Christine Melnick, City Councillors Harvey Smith, Lillian Thomas and John Orlikow, Member of Parliament Dr. Ruby Dhalla, Senator Mobina Jaffer (tentative) and many other notables.

### **For tickets contact:**

- Kathleen Mazur 487-4334 kathleen.mazur@gmail.com
- Asim Ashique 223-7770 dr.asim@mts.net
- Idris Elbakri 471-1072 ielbakri@gmail.com
- Louay Alghoul 999-9001 law@alghoul.ca
- Abdul Aziz 253-6987 aaziz9000@gmail.com

## **Camp Awakening 2009**

Manitoba Muslim Boys Summer Camp

**Date:** July 22nd to 26th

**Ages:** 12 to 20

### **Fees:**

**Early Registration:** Fees: \$150 Deadline: May 29

**Late Registration:** Fees: \$200 Deadline: July 01

**For registration and more information visit:**

[www.CampAwakening.ca](http://www.CampAwakening.ca)

## **MIA Library Historical Archives**

The MIA library committee is in the process of creating an archive section for Muslims in Manitoba. The committee needs your help. This is what we are looking for:

Any material relating to the Muslim community in Manitoba, particularly:

- Publications concerning Muslims of Manitoba.
- Old documents pertaining to Muslims
- Main community events pictures.
- Main community events video recording.

Please contact:

- Br. Furqan Rajput fbrajput@gmail.com
- Br. Ihab El-Salakawi eelsalak@yahoo.com
- Sr. Ayat Mneina ayatsm@gmail.com





THE FIRST ANNUAL

# CICC BUSINESS AWARDS DINNER



JUNE 13<sup>TH</sup>, 2009 @ 6:00PM  
HOTEL FORT GARRY

## SPEAKERS INCLUDE

### **Dave Angus**

President  
Winnipeg Chamber of Commerce

### **Hon. Christine Melnick**

Minister of Water Stewardship

### **Sheikh Hamid Slimi**

Imam of IMO, Toronto

\$150 per person

- Formal, conservative attire
- In keeping with Islamic traditions this is a non-alcoholic event

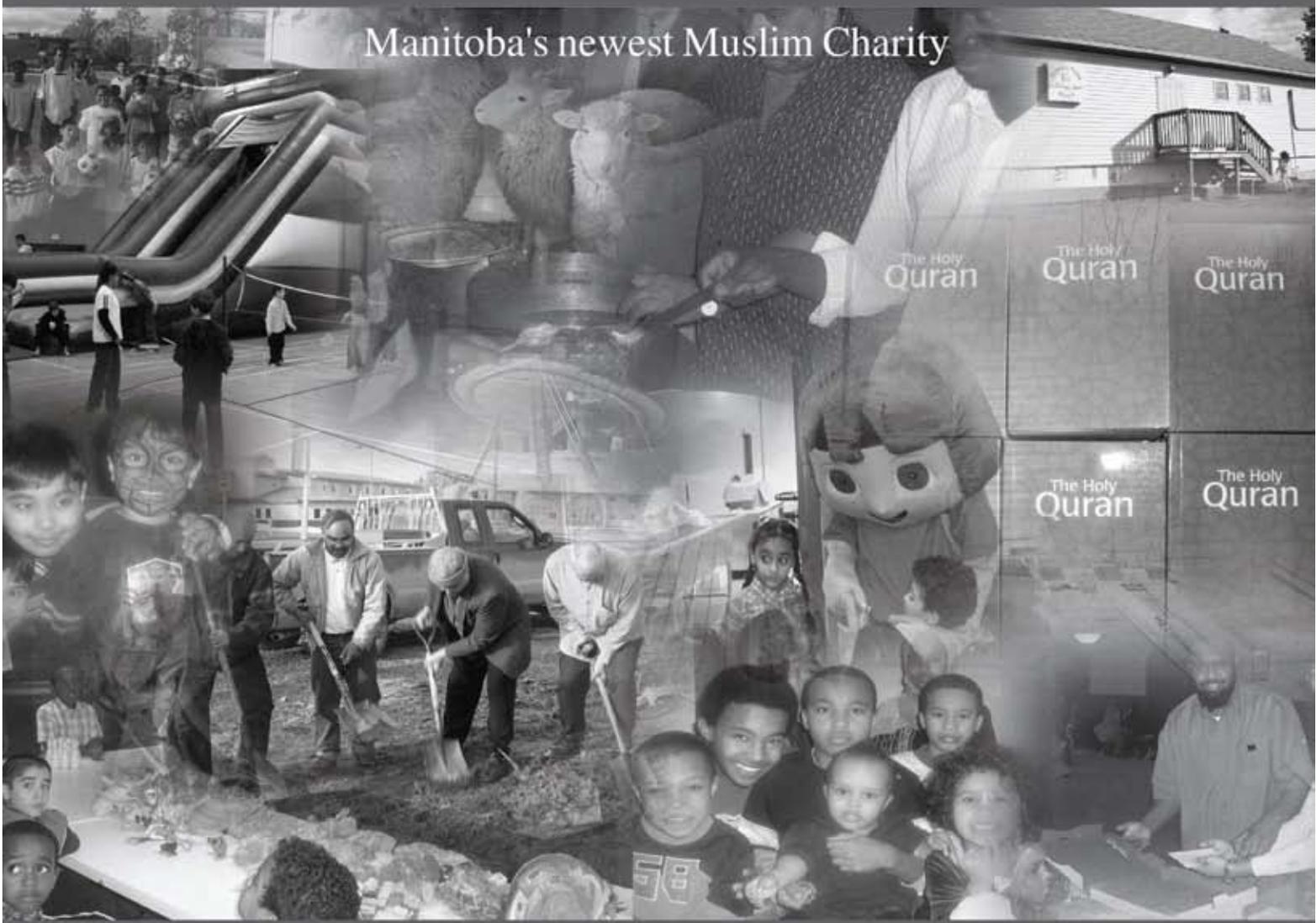
For inquiries please contact:

Asim Ashique	223-7770	Louay Alghoul	999-9001
Idris Elbakri	471-1072	Kathleen Mazur	487-4334
Abdul Aziz Mian	794-4695	[kathleen.mazur@gmail.com]	



*We're here to serve you!*

Manitoba's newest Muslim Charity



**We accept donations and issue tax receipts.**

[www.zubaidahtallab.com](http://www.zubaidahtallab.com)

Contact 223-6789 or 293-0519 for all your needs, donations, etc.

# Islamic financing

Br. Ismael Mukhtar

The recent economic meltdown, following the sub-mortgage crisis in the USA, the demise of some major American investment banks such as Lehman Brothers and the steep decline in stock markets, generated wide ranging discussions on what went wrong and how this could have been avoided. As part of this wide ranging discussion, there was an evident interest in Islamic financing and its existing banking systems. A number of magazines featured articles exploring the basic elements of Islamic financing. Some western countries, banks and investment houses are even taking measures to make the Islamic financing alternative available in their countries. The Islamic financing industry is a fast growing sector that has a global reach with assets estimated to be over 250 billion US dollars.

Islamic financing is in essence a set of principles that are ethically driven and morally binding. They are far from being a mere collection of rules, procedures, contracts and do and don'ts; they are rather part of a larger organic whole that emanates from the broad Islamic system of values and beliefs. Accordingly, Islamic financing principles can only be fully comprehended when viewed within the general framework of Islamic values and doctrines. Islamic values of honesty, fairness, transparency, generosity, sharing, redistribution of wealth, forgiveness of the insolvent and accountability to Allah SWT are at the core of the values upon which Islamic financial transactions are founded. Further, prohibition of greed, excesses, deceit and taking advantage of others are important underlying safeguarding moral values. Moreover, Islamic teaching of moderate living, according to ones means and discouragement of incurring debt are essential consumption regulating moral directions.

Hence, Islamic financing rules that apply to all financial and economic transactions function within this ethical and normative framework. Within this context, classical fiqh books extensively discuss many rules pertaining to *Muamalat* (transactions). Included in these juristic delineations are various types of capital deployment mechanisms such as trade financing (*murabaha*) and equity partnership (*musharakah*); as well as various business contracts such as purchase with deferred delivery (*Aqd asalam*), manufacturing contracts (*Aqd Estisna*) and various exchange mechanisms such as

deferred payment sale (*Bay al-Mu'ajjal*), suspended conditional sale (*all bay` al, mu'allaq*) etc.

Two key elements of Islamic financial rules that have far reaching impacts are: the prohibition of *Riba* and *Gharrar*. The most common form of *Riba* can be defined as a "premium" that must be paid by the borrower to the lender along with the principal amount as a condition for the loan or for an extension in the duration of loan". The English term commonly used to refer to *Riba* is usury or interest. Some Muslim economists note that the term usury could be misleading due to the established contemporary definition of usury as compounded interest. This definition excludes simple interest. Accordingly, they prefer the term interest as a more inclusive and descriptive term.

Classical jurists categorize *Riba* in two categories: *Riba Al-Fadel* and *Riba A-nasia*. The first one has limited applications within the existing financial context and applies primarily in "hand to hand" or barter exchanges. The second one is the more prevalent and applies in "money to money" exchanges. Contemporary scholars consider the prevailing system of interest as equivalent to *Riba Anasia*. This was conclusively furnished by various international conferences, such as the 1956 *Majma' Albohooth* 2nd conference held in Egypt, where renowned scholars attended. The prohibition of *Riba* is all inclusive and applies to consumer loans and production loans as well as on simple and compound interest. The underlying premise for the prohibition of *Riba* in commercial lending is fairness and in consumer loans is benevolence. Islam requires that business transactions between parties must be based on sharing the risks and benefits equitably between capital providers and entrepreneurs. The *Riba* system, in theory, guarantees the capital owner, the benefits with no share of the risk while the entrepreneur takes all the potential risks. Consumer loans are to be given to those who need them as interest free loan (*qard hassa*); exploiting the needs of others and making profit on their back is Islamically wrong and morally repugnant.

The alternative provided in Islamic jurisprudence for *Riba* is trade financing (*murabaha*) or equity partnership (*musharakah*) or other similar. The basic principle of the Islamic alternative is that the capital

owners and entrepreneurs are brought into a partnership agreement where both share the risk and benefit. The particulars of how this works within the existing financial system has been the object of various discussions among Muslim economists and various models have been experimented with and applied successfully.

*Gharrar* is defined as “uncertainty created by lack of information or control in a contract”. *Gharrar* exists in financial exchanges where there is ignorance of the essential elements in a transaction, such as the exact sale price, ability of seller to actually deliver or uncertainty as to the quality, quantity, recoverability, or existence. Classical examples of *Gharrar* include sale of fish in the sea, birds in the sky, an unborn calf in its mother’s womb, a runaway animal, un-ripened fruits on the tree, etc. In contemporary financial transactions, *Gharrar* applies to all “transactions where the subject is not in the possession of one of the parties and there is uncertainty even about its future possession”. Most financial derivatives are considered unacceptable by jurists due to the uncertainty –*Gharrar*- surrounding them. The prohibition of *Gharrar* is meant to protect both parties to a transaction from being taken advantage by others or falling into a dispute due to ambiguity or uncertainty. To be Islamically valid, all financial transactions must be based on clarity, reasonable certainty and must have real existence. Obviously, absolute certainty is practically impossible, hence, mild uncertainty (*Gharrar yaseer*), is allowed (e.g. *Aqd Asalam*).

The Islamic financing model is an elaborate model that has been conceptually and practically proven. Muslim economists – well versed in Islamic jurisprudence and contemporary economic theories - have written extensively on various dimensions of Islamic finance. The first Islamic bank to be established was the *Mit Ghamr* local savings bank in 1963 in Egypt. The oil boom generated greater imputes and the seventies and eighties saw huge increases in Islamic financial institutions. Currently, these institutions have a global network; even in Canada there is a pending application for an Islamic bank, similar to the one existing in England. Given the prevailing global economic system there are still many limitations and obstacles to Islamic banking; Muslim jurists and economists have been addressing these issues extensively. However, it is worth noting that not every claim of being Islamic is valid. There are some questionable

financial practices, as well as questionable institutions whose functions are greatly questioned by Muslim economists.

The Islamic financing model provides greater stability and more sound financial foundation. The partnership financing model where risks and benefits are shared between both parties have the potential benefit of making capital providers more prudent and less reckless as was evident with the sub-mortgage crisis in the USA. Further, Islam’s prohibition of the speculative investments, such as derivatives, removes from the market agents that increase market volatilities and sharp swings. Moreover, Islam’s encouragement to live according to ones limits and avoidance of debt, acts as a check on consumerist culture that has caused excessive indebtedness on the part of many households across North America.

#### References:

Iqbal, Zamir and Mirakhor, Abbas, *An introduction to Islamic Finance, Theory and Practice*, John WILEY & SONS, 2007

Chapra Umer, *Towards Just Monetary System*.

A-Salous Ali, *Almuamalat Almalia Almuasirah*, Maktabatu Al-Falah, 1986. (Arabic)

Ibn Abdeen, *Rad Almuhtar A’la Adur Almukhtar* (Vol 7), Dar Ehia Al-tourath, 1998 (Arabic)



**Introducing Fresh Air by EcoQuest**

By duplicating the same processes that nature uses to clean the air outside, the Fresh Air keeps indoor air fresh and clean-smelling day and night without cover-ups. The Fresh Air eliminates smoke, odors, dust and up to 99.99% of mold and bacteria on surfaces. Now, having the fresh air you want is as easy as pressing a button.

**Call NOW for a FREE trial offer!**

Live Free!  
**(204)955-6561**  
[www.EcoQuestIntl.com/lore](http://www.EcoQuestIntl.com/lore)

**“My wife and I noticed how much fresher the air was especially after cooking.”**  
**Abdulaziz Mian**

# ARTISTIC AND RESIDENTIAL PAINTING!!



Discount Available to Muslim Brothers!!

- Free Estimates!!
- Islamic Art work
- Over 20 Years of Professional Experience
- Premium Paint Products
- Safe Work Environment
- Competitive Prices
- All Work Guaranteed
- Thorough Preparation and Clean-Up
- Advice in selecting colours and finishes
- Preparing surfaces for a clean fresh look, no job is too big or too small!

*Satisfaction Guaranteed!*

FOR ALL YOUR HOUSE PAINTING NEEDS CONTACT  
**MOROCCAN MADE**

More info visit: [www.moroccanmade.com](http://www.moroccanmade.com)

Phone: (204) 299-3604 OR (204) 388-5290

Email: [moroccanmade@yahoo.ca](mailto:moroccanmade@yahoo.ca)



# Main Street Medical Centre

906 Main Street, Winnipeg, MB 589.2244  
1.6 Million establishment for the community



**NOW OPEN**

walk in, no appointment necessary

**Currently Accepting New Patients**

**Pediatrics and Family Medicine**

**Dr. A. Haresha**  
Main Street Medical Centre  
906 Main Street  
**Monday - Saturday**  
**9am - 6 pm**  
phone: 589-2244



# Islam and The West... The Way Forward

Sr. Asma Mneina\*

The words "Islam" and "Media" may as well be synonyms because as much as Islam is a way of life, the media seems to have taken over the prophecy and taught the masses a different Islam than the Prophet Muhammad (PBUH) had preached in the seventh century AD. Today, it is without a doubt that the 21st century is one different than many others. When once human kind looked up at the sky in awe of the Milky Way, and in wonderment of the stars, today the media seems to be the most powerful force in the universe. As the world has become suffocatingly superficial, people (whether consciously or not) look to the media for ideas to incorporate into their own lives. The media has the ability to shave the minds of the masses. It is no surprise that Muslims are amongst the most marginalized groups. However, instead of focusing on the influence it has on Islam, why not focus on the influence Islam can have on the media.

The Quran gives mankind a clear mission; to create a fair society where all members are treated with respect. We need to create this society and the media is standing in our way. What do we do? Well, we can't harm the media-it's too big! Just kidding. There are more Muslim ways to deal with this problem. In a nutshell, we must eliminate Islamophobia. We have a history of Islamophobia in western culture that dates back to the Crusades. In the 12th century, Christian monks in Europe insisted that Islam was a religion of the sword. The West promotes the distorted image of Muhammad and seems to be keen to accept it as presented. As Muslims living in Manitoba, Canada, we are stuck in the middle - part of our identity is here in the West, and the other is with the Muslims in the East. We must use our knowledge of Islam to our advantage as we are the first to be influenced by the media. After September 11th, 2001 many Christian

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

**Sutton** **ALI CHARMAND**

Sutton Group - Kilkenny Real Estate  
An Independent Member Broker

Bus: (204) 475-9130  
Cell: (204) 798-2298  
Fax: (204) 477-4361  
Email: [acharmand@sutton.com](mailto:acharmand@sutton.com)  
Website: [www.sutton.com](http://www.sutton.com)

**663 Stafford Street,  
Winnipeg, MB, Canada R3M 2X7**

Free  
Evaluation  
Com 4%





sects, states and westerners have continued to view Muhammad negatively. Before we can get anywhere, the West has to realize that this hostility and Islamophobia gives extremists on the other end of the stereotypes, a reason to hate. They can easily claim that the West is on some kind of crusade against the Islamic world. The western culture, as we know, is one of tolerance and liberty. However, if western media continues to distort the image of Islam, consequently, the image of the West is indirectly distorted.

In the novel, "The God Delusion", Richard Dawkins states that "the unhappiest spectacle to be seen in our streets today is the image of a woman swathed in shapeless black from head to toe, peering out at the world through a tiny slit." Dawkins views the burka as an Islamic instrument of oppression. What Dawkins doesn't know is the view of devoted Muslim women; ones that don't find it to be a "repression of their liberty and their beauty". What Dawkins doesn't know is that Muhammad was more loving to his wives than any other man, and that true Muslim men do not take part in "cruelty" and that Muslim women are not "cowed into female submission". Muslim men and women need to speak out about their rights in Islam - give the world their perspective on Islam, rather than solely stand by and allow their neighbours and peers to receive a false Islamic education from people whose goal is to terrorize the religion.

Youth should always be critical of everything; Islam included. Religion has always been something that many followed blindly. What's different about Islam is that it appeals to our reasoning. We have the ability to question anything in our religion because our religion has the logic to provide necessary answers to support itself. This critical thinking must also be applied to our daily lives. It's no secret that media is everywhere. Thus, we must be able to escape it, in order to think for ourselves and find our bearing in this fast paced world. We need to protect our minds from it and censor the information for ourselves. The Muslim masses need to be tied in closer to the intellects and scholars. There is no way Islam can be unified unless the intellects are available. Islam is not as strong as it once was. Like a rope was once sturdy, it's now worn out and divided into strands that are running thin. So before we try to start bettering the image of Islam from the outside, let's strengthen ourselves from the inside, and then take on the task together.

*Sr. Asma Mneina\* is a high school student and the winner of the Manitoba Muslim 10th Anniversary Best Article competition.*

## Poem: Migrant's Curse

By: Idris Elbakri

I thought I was immune  
I was solid, fully committed  
I was in tune  
To a new home, a new land and a new life  
I thought I was a man of here and now  
Never turning my head  
To look back  
Always looking ahead  
Yet, on a quiet April night  
I find my mind and heart in fight  
Arguing where and what  
Should be home?

Mind:  
Home is where you make it so  
Home is where you want to go

Heart:  
It ain't so  
You can't escape what you let go  
Where will my name finally land  
Engraved or carved  
On a tombstone  
Reflecting the shine of a golden dome  
Or,  
Cracking the frost of a lonely dawn

Home is where you make it so  
You can't escape what you let go

The migrant's curse  
The myth of return  
The desire that churns  
To hug an olive tree  
and spill mother's tea

Home is where you make it so  
You can't escape what you let go

You're the prisoner of here  
And hostage of there  
Forever an alien  
Ye' all lined up for a visa  
I say beware!

Home is where you make it so  
You can't escape what you let go

Your compass points  
To the void inside  
Home is where you find  
Refuge for your heart  
Comfort for your mind  
Otherwise,  
You'll always be the traveling kind....

Home is where you make it so  
You can't escape what you let go

# FAMILY FUN

*"It is not crucial to say everything you know, but it is crucial to know what you are saying"*  
(Arabic proverb)

Here is a quick and easy recipe of delicious Fajitas:

## FAJITAS

- 1 pound of ground beef
  - 1 onion- cut into cubes
  - 1 green, 1 red pepper – both cut into cubes
  - 1 cup mild salsa
  - 1 package of Fajita seasoning mix
  - 1 tomato- cut into cubes
  - 8 medium flour tortillas
1. In large skillet, brown the ground beef, onion, and red and green peppers over medium heat until beef is no longer pink. Stir occasionally. Add salsa and package of seasoning mix. Stir in salsa and chili powder over low heat for five minutes, stirring occasionally.
  2. Roll the tortillas with ground beef inside.
  3. Cook Fajitas on pan over medium heat until golden brown.
  4. Wrap ground beef in fajitas and serve with sour cream.

- \* Reduce the amount of OILY food you consume
- \* Answer the phone by LEFT ear
- \* Do not drink coffee TWICE a day
- \* Do not take pills with COOL water
- \* Do not have HUGE meals after 5pm
- \* Drink more WATER in the morning, less at night
- \* Do not use headphones / earphones for LONG periods of time
- \* Best sleeping time is from 10pm at night to 6am in the morning
- \* When battery is down to the LAST grid/bar, do not answer the phone as the radiation is 1,000 times more

## HADITH SHAREEF

The Prophet Muhammad said "Oh Ali, do not sleep until you do five things: The recitation of the entire Qur'an, the donation of four thousand dirham, the visitation of the Kaaba, securing your spot in Jannah and seeking forgiveness from those you have wronged."

Ali asked "How is this possible Oh the messenger of Allah"

The Prophet replied:

1. "If you read Surat AL-Iqlas three times, then you have read the entire Qur'an
2. If you read Surat Al-Fatiha three times then you have donated four thousand dirham.
3. If you say لا إله إلا الله وحده لا شريك له له الملك وله الحمد يحيى كل شئ قدير ten times then you have visited the Kaaba
4. If you say لا حول ولا قوة إلا بالله العلي العظيم ten times then you have secured your spot in Jannah
5. If you say أستغفر الله العظيم الذي لا إله إلا هو الحي القيوم وأتوب إليه ten times then you have received forgiveness from those you have wronged"

## DID YOU KNOW?

- \* Khadija (R.A.A.) was the first woman to accept Islam.
- \* All of Rasulullah's (SAW) children died before him except for his daughter, Fatimah (RA).
- \* The original name of the holy city of Madinah was "YATHRIB"
- \* The Kaaba was first built by the Prophet Ibrahim (A.S) and his son Ismail (A.S).

### Riddle:

*The rich need it, the poor have too much of it, you can't see it unless you are blind, you can't hear it unless you are deaf, and it's the one thing you can take with you when you are dead. What is it? (Answer will be posted on e-newsletter)*

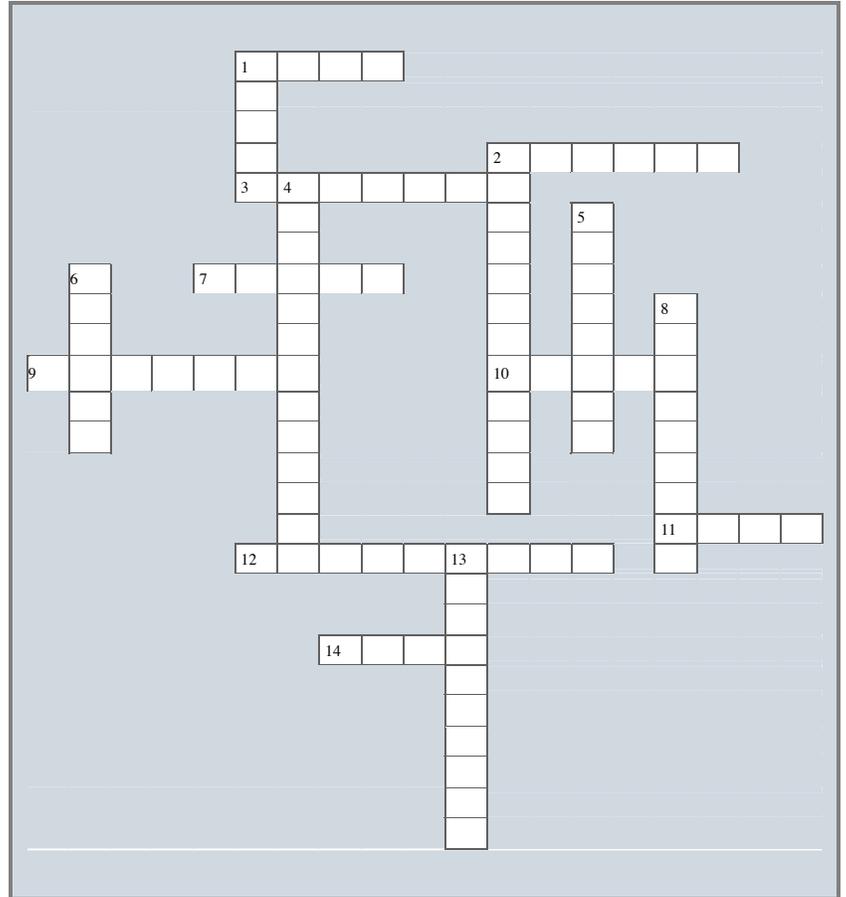
## Islamic Puzzle

### Down:

1. The revelation started in this cave.
2. The language of the Qur'an
3. This angel brought the Qur'an down to the Prophet Muhammed (pbuh)
7. You perform this before you pray
8. The second daily prayer
9. The month in which Muslims must fast
10. This Surat means "frowned"
11. The first person on Earth
12. Masjid Al-Quds is located here

### Across:

1. The fifth pillar of Islam
2. The longest Surah in the Qur'an
4. The most populous Muslim country
5. Israa and Miraaj took place in this month
6. The Prophet who built an ark
8. The Prophet Muhammed (PBUH) was born here
9. The Qur'an is divided into \_\_\_\_\_ equal parts

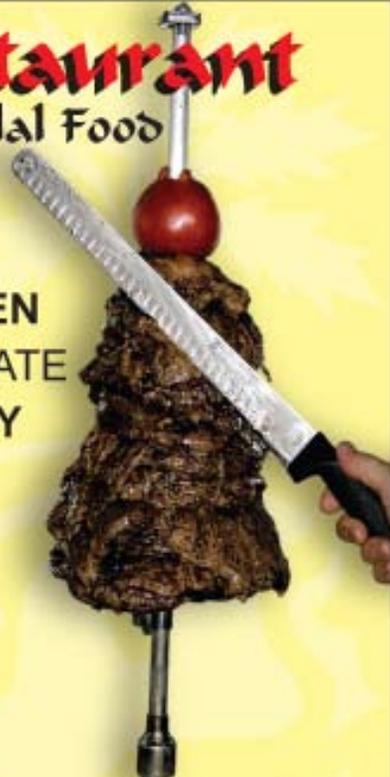


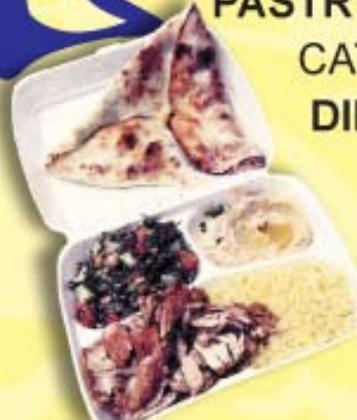
# Shawarma Time Restaurant

Lebanese and Middle Eastern Halal Food



SHAWARMA BEEF OR CHICKEN  
CHOICE OF PITA BREAD OR PLATE  
PASTRY BAKED FRESH DAILY  
CATERING AVAILABLE  
DINE IN & TAKE OUT





(204) 774-2109
616 Ellice Ave.

# Q & A

Answered by: Sh. Muhammad Saleh Al-Munajjid

## Q: What is meant by loving the Prophet (PBUH)? How do we increase our love for him?

A: First of all, we would like to state that the strength of love for the Messenger (PBUH) is connected to the Muslim's faith. When his faith increases, his love for the Prophet increases. Loving the Prophet is an act of obedience to Allah and a means of drawing closer to Him. Loving the Prophet is one of the obligatory duties in Islam.

It was narrated that Anas said: The Prophet said: "None of you truly believes until I am more beloved to him than his father, his child and all the people." (Al-Bukhari and Muslim). Focusing more on your question, we cite the following:

### Love for the Prophet Is a Condition of Faith.

Love for the Prophet Muhammad is a measure of one's faith and inner conviction, and our faith is completed and perfected only when our love for the Prophet exceeds our love for everything else in this world, including our own lives. The Holy Qur'an says: (The Prophet is preferable to the believers even to their own selves...) (Al-Ahzab 33: 6)

This is a definitional sentence that tells us what it takes to be a believer: preferring the Prophet even to one's own life. In confirmation of this, the Prophet is reported in a Hadith to have said: "None of you truly believes until I am more beloved to him than his father, his child and all the people." (Al-Bukhari and Muslim) Some versions add: "his life, his wealth and his family."

The best of believers, the Companions of the Prophet, especially the noblest of them, did show such love for the Prophet. `Ali ibn Abi Talib, speaking on behalf of all the community of the Companions in Madinah, is reported to have said: "The Holy Prophet is dearer to us than our wealth, our children, our fathers, our forefathers, our mothers and cool water at the time of severe thirst."

Love of the Prophet breathes life into our practice of religion. Without it our religion reduces to an empty adherence to a set of dead rules and rituals.

### The Meaning of This Love for the Prophet

At one level it seems clear why the faithful should love

the Prophet: he is their teacher, guide and leader, and it is impossible for him to teach, guide and lead them if they don't love him. But there is a deeper meaning in the principle that love for the Prophet is essential for faith.

Love for the Prophet is love of all the beauty and nobility of character, truthfulness, justice, humility and inner strength of which mankind is capable and which the Prophet as the perfect person possessed to the utmost degree.

Love for the Prophet means to acknowledge, cherish and glorify all the potential of goodness and greatness that Allah has created within mankind.

It also means love of humanity, not just in regard to its potential for perfection but also despite its general inability to realize that potential and despite all kinds of imperfections and weaknesses from which it suffers. For the Prophet is not only the Perfect Person but also the Representative Person who on the Day of Judgment will represent mankind and plead on its behalf for its imperfections and weaknesses before the throne of Allah.

Thus, love for the Prophet, on the one hand, puts us on the road to perfection by making us cherish it dearly and, on the other hand, it helps us accept our imperfect humanity and in this way to live in peace with ourselves as repentant servants of Allah hopeful of His mercy. This is why love for the Prophet is a condition of faith, for what is faith if it is not to acknowledge and repent for one's imperfections and weaknesses and to cherish and strive for—even as an unachievable ideal—the perfection that mankind is potentially capable of?

The love for the Prophet represents the human side of faith. As a human, the Prophet represents a believer's own true self. His love for the Prophet means that he has recognized his own true self and is at peace with himself, which in turn means that he has recognized his Lord and made peace with Him by surrendering to Him.

*Excerpts from: Islamonline.net*



# Just Five Minutes: 9 Years in the Prisons of Syria

Book review by Ayat Mneina\*

This book contains the memoirs of Heba Dabbagh accounting for her real life experiences living in the days under the reign of President Assad's crippling regime. Heba was a student from a family with no political involvement whatsoever and thus had no reason to worry. The regime however, did not discriminate between the innocent and guilty; everyone was a suspect and everyone lived in fear.

Amongst the chaos that was Syria during this time; secret police - the Mukhabarat, raids, arrests, and disappearance of people were all common occurrences. Pointed fingers and lies about the innocent were widely spread to either save oneself or merely cause others misery.

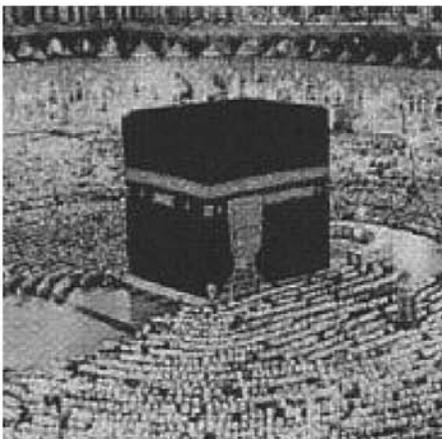
The evening of December 31st 1980 brought an unwelcome knock at the door. Heba's dorm was the target of a police raid on the basis of her brother Safwan's alleged involvement with a banned religious anti-government movement; Al Ikhwan. The police asked Heba for 'Just Five Minutes' of her time for an interrogation which dragged into a torturous and gruelling nine year ordeal. Countless fabrications tying Heba and her family to the political opposition were

presented to her and she was sentenced to pay for them regardless of her pleas of innocence. The prisons and their policies were designed to break the prisoner by any means forcing confessions that did not exist. The sentence took her on a tour of prisons where she endured unfathomable conditions including torture, isolation, suffocating cramped circumstances, utter loneliness, betrayal, and heartbreak.

Heba's sole claim to salvation was her unwavering faith in God. She relentlessly called out to Him and gained patience from His remembrance.

This story of Heba's perseverance and faith allowing her to withstand the cruelty she faced in this tyranny is a must read for all. Dabbagh's experience is a rare glimpse to a time where an oppressive regime killed tens of thousands and imprisoned thousands more while maintaining a façade to the rest of the world.

*Ayat Mneina is a fourth year science student at the University of Manitoba.*



## Makka

### Halal Meat and Grocery

**If it is not Halal it's not here!**

**Fresh and frozen beef, goat, lamb, chicken, fish  
and natural exotic foods  
of an astonishing variety are available**

861 Portage Avenue ~ Winnipeg ~ Manitoba ~ Tel/Fax: 783-2990

**Our goal is quality and customer satisfaction. Try us and you will feel at home and brotherhood**

# Profile: Al-Kindi

## A Muslim philosopher and scientist

Sources: [islamonline.com](http://islamonline.com)

Abu Yousuf Yaqub Ibn Ishaq al-Kindi was born at Kufa around 800 A.D. He was brilliant in many fields, and on account of his great work he became known as the philosopher of the Arabs. He died in 873 A.D. during the reign of al-M'utamid.

His father was an official of Haroon al-Rashid. Al-Kindi was a contemporary of al-Mamun, al-Mu'tasim and al-Mutawakkil and flourished largely in Baghdad. Mutawakkil employed him formally as a calligrapher. On account of his philosophical views, Mutawakkil got angry with him and confiscated all his books. However, his works were returned later on.

Al-Kindi's skills cover many fields; he was a philosopher, mathematician, physicist, astronomer, physician, geographer and even an expert in music. It is amazing how he was able to make original contributions to all of these fields.

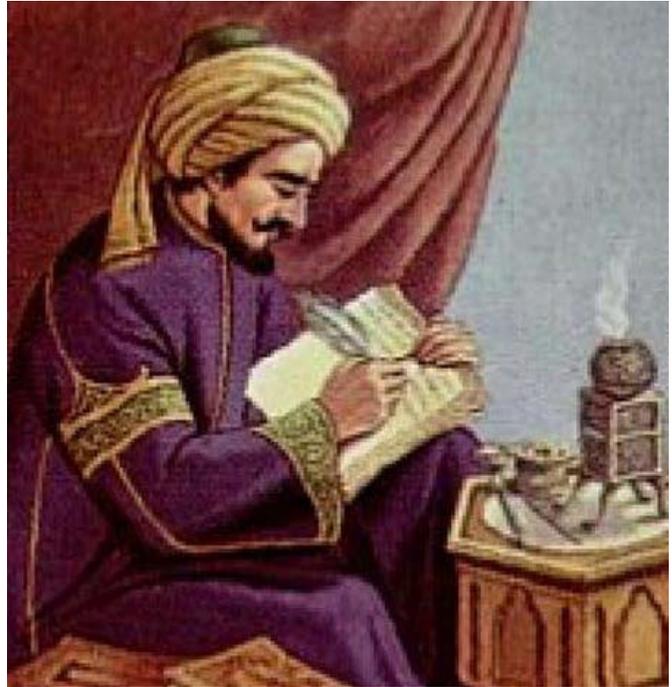
He wrote four books in mathematics, on the number system and laid the foundation of a large part of modern arithmetic. No doubt the Arabic system of numerals was largely developed by al-Khawarizmi but al-Kindi also made rich contributions to it. He also contributed to spherical geometry to help him in astronomical studies.

In the field of chemistry, he opposed the idea that base metals can be converted to precious metals. In contrast to prevailing alchemical views, he was emphatic that chemical reactions cannot bring about the transformation of elements.

In physics, he made rich contributions to geometrical optics and wrote a book on it. This book later on provided guidance and inspiration to such eminent scientists like Roger Bacon.

In medicine, his major contribution comprises the fact that he was the first one to systematically determine the doses to be administered of all the drugs known at his time. This resolved the conflicting views prevailing among physicians on the dosage that caused difficulties in writing recipes.

Very little information was known about the scientific aspects of music in his time. He pointed out that the various notes that combine to produce harmony have a specific pitch each. Thus, notes with too low or too high pitches are non-pleasant. The degree of harmony depends on the frequency



of notes, etc. He also showed that when a sound is produced, it generates waves in the air, which strike the eardrum. His work contains a notation on the determination of pitch.

He was a prolific writer: the total sum of books he wrote was 241 with the prominent ones divided into the following categories:

Astronomy 16, Arithmetic 11, Geometry 32, Medicine 22, Physics 12, Philosophy 22, Logic 9, Psychology 5, Arts and Music 7.

In addition, various monographs he wrote deal with tides, astronomical instruments, rocks, precious stones, etc.

He was also an early translator of Greek works into Arabic, but this fact has largely been over-shadowed by his numerous original writings. It is unfortunate that most of his books are no longer in existence, but those existing speak very highly of his standard of scholarship and contribution.

In Latin he was known as Alkindus, and Gherard of Cremona translated a great number of his books into Latin. His books that were translated into Latin during the Middle Ages comprise *Risalah dar Tanjim*, *Ikhtiyarat al-Ayyam*, *Ilahyat-e-Aristu*, *al-Mosiqqa*, *Mad-o-Jazr*, and *Aduiyah Murakkaba*.

Al-Kindi's influence on development of science and philosophy was significant in the revival of sciences in that period. In the Middle Ages, Cardano considered him as one of the twelve greatest minds. His works, in fact, lead to further development of various subjects for centuries, notably physics, mathematics, medicine and music.

# Health Matters

## Maximizing Exercise with Nutrition

By: Sr. Phyllis Reid-Jarvis\*

The percentage of young people who are overweight has more than doubled in the past 30 years. So, too have adults' weights. It is now almost common to see overweight adults with overweight kids in tow! Almost half of 12-21 year olds do not get enough vigorous physical activity on a regular basis. The primary causes of childhood and adolescent obesity are improper nutrition and lack of physical activity. This is also true for adults.

### Nutrition 101

Vitamins, minerals, protein, carbohydrates, fats and water, are 6 classes of nutrients that are essential to life. You are only able to metabolize 3, the energy nutrients, protein, carbohydrates and fats. Our bodies prefer to use carbohydrates and fats as the primary sources of energy-our bodies will only use protein as energy as a last resort. So, what we choose to eat is linked directly to how well our bodies are energized or nourished by these foods.

### Water

Indispensable, abundant and forms the major part of every body tissue. Like air, it is inexpensive; everywhere and we take it for granted. The amounts your body needs, relative to the other nutrients are enormous. Two to three liters daily, or 2,000 to 3,000 grams compared to about 50 or so grams of protein each day and perhaps 100 or so grams of carbohydrate. Because water is abundant in foods and beverages, you don't have to drink 2-3 liters per day.

### What to Eat Before and After a Workout

It doesn't matter whether you are an elementary, high school student or an adult. What you choose to eat before, during and after a workout will make for a great gym time or a poor time. To get the best out of a workout, focus on the types of foods eaten before a workout as well as the intensity of the warm up.

Determining what types of foods are best to eat before, during, and after a workout requires you to know the following:

- Duration of the physical activity
- Age, size, height of the athlete/client
- Type of physical activity
- Exercise or competition schedule
- Timing of meals
- Types of foods that should be eaten
- How the foods are prepared

The breakdown of your meals should look something like this: 55-60% Calories from carbohydrates, no more than

30% of calories from fat and about 10-15% from protein.

### What to Eat Before a Workout

Have some high carbohydrate foods like bananas, bagels or fruit juices. These foods are broken down quickly and provide glucose to the muscles. Most foods from the grain and vegetables and fruit groups would be good choices. If you add milk, use low fat (1%) or skim milk. Try not to add too much fat, as fat takes longer to break down and may result in abdominal discomforts, same is true for adding too much fiber before a workout.

Time the meals based on your preference for eating before exercise.

Research shows that 1 to 4 hours before exercise provides enough glucose for exercising without any discomfort. If you are having a meal, complete with protein foods, it is key to allow the 1-4 hours for the protein to be broken down. Low-fat protein choices will also facilitate how fast the protein is broken down

Drink plenty of cool water before exercise to keep muscles hydrated but not so much that you become bloated.

### What to Drink during a Workout

Drink at least a half a cup of water every 20 minutes of exercise. This is important as perspiration and exertion will deplete the body of fluids. Without adequate fluids for hydration it is difficult to reach optimal performance level. Taking regular sips of water during an activity will ensure adequate hydration.

If the exercise or activity lasts over 90 minutes and is hard and continuous, then there is a need to replenish carbohydrates. Drinking a sport drink during the activity will replace carbohydrate stores and provide water to the muscles. There is no need for a sport drink for shorter activities that are not hard and continuous, water is sufficient.

### What to Eat After a Workout

If the activity was strenuous and lasted a long time, glycogen stores may need to be replenished. Choosing to eat foods and drinks that are high in carbohydrates right after exercising will replenish low glycogen stores. This meal should be eaten as soon as possible after the workout to aid with rapid recovery and prevent overeating. To do this, a pre-dinner snack that is high in carbohydrates, such as a granola bar, trail mix or fruits or juices will replenish glycogen stores. Special emphasis should be placed on incorporating adequate amounts of protein at this meal, rounding it off with the other food groups to make a balanced meal. For elementary school and high school students, placing emphasis on milk and milk products is very important due the rapid growth experienced at this time.

What you choose to eat will directly impact on your workout. Knowing how to eat is one piece of the puzzle that will net you the best workout ever!

*\*Phyllis Reid-Jarvis, (Reg. Dietitian, PRJ Consulting & Health Services) is a Winnipeg based Muslim Dietitian and Professional Speaker. (Source: Archives of Manitoba Muslim 2003)*

# Herat Market



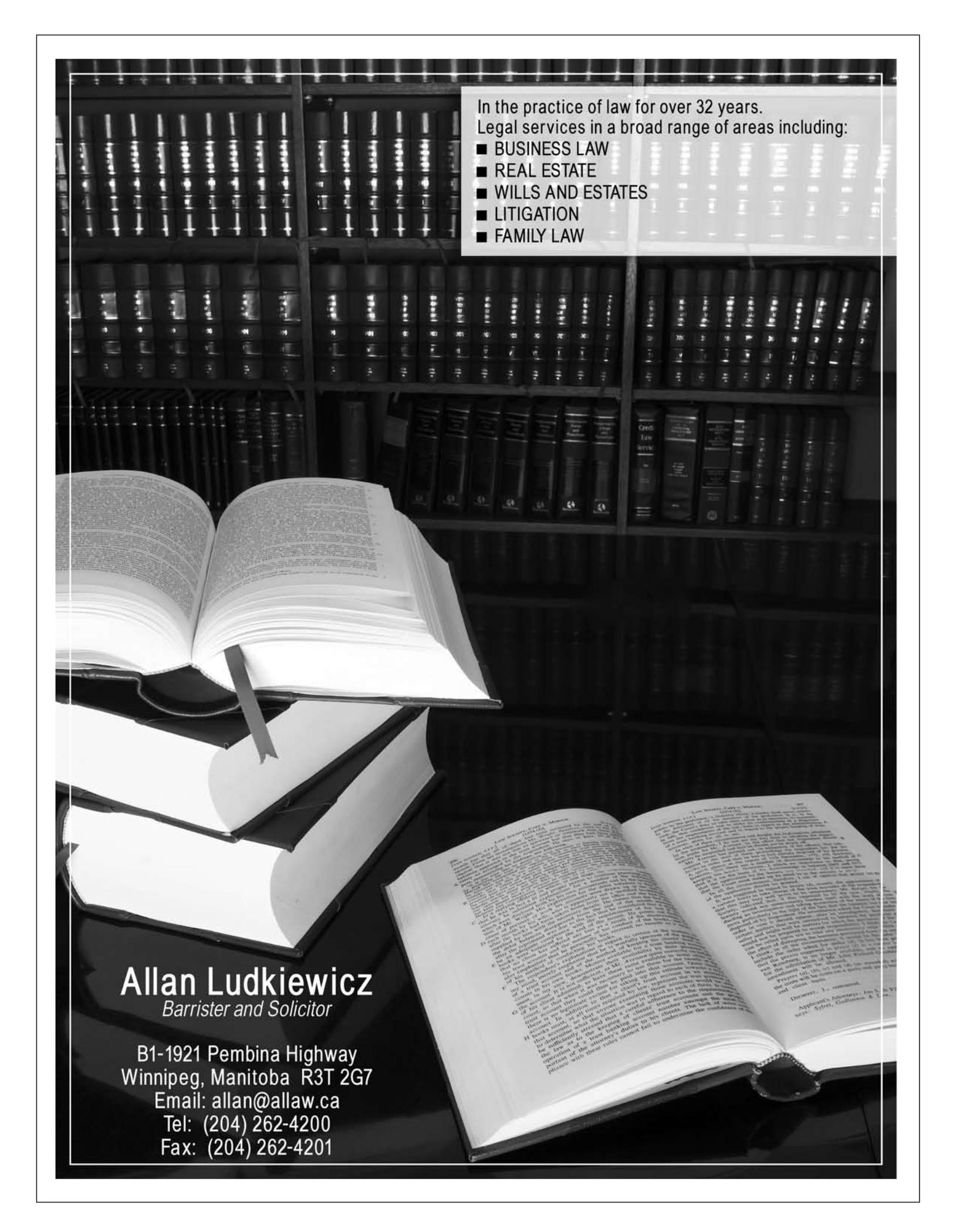
2999 Pembina Hwy  
(204) 415-5979



- Chicken • Lamb • Beef • Goat • Turkey • Bologna • Wieners
- Saffron • Rice • Dates • Juices • Pita Bread • Dry Goods • Spices
- Herbs • Sweets • Kitchen Utensils • Tea • Dairy Products

***Find all your Mediterranean, Middle Eastern,  
and Persian Foods at One Stop.***





In the practice of law for over 32 years.  
Legal services in a broad range of areas including:

- BUSINESS LAW
- REAL ESTATE
- WILLS AND ESTATES
- LITIGATION
- FAMILY LAW

**Allan Ludkiewicz**  
*Barrister and Solicitor*

B1-1921 Pembina Highway  
Winnipeg, Manitoba R3T 2G7  
Email: [allan@allaw.ca](mailto:allan@allaw.ca)  
Tel: (204) 262-4200  
Fax: (204) 262-4201

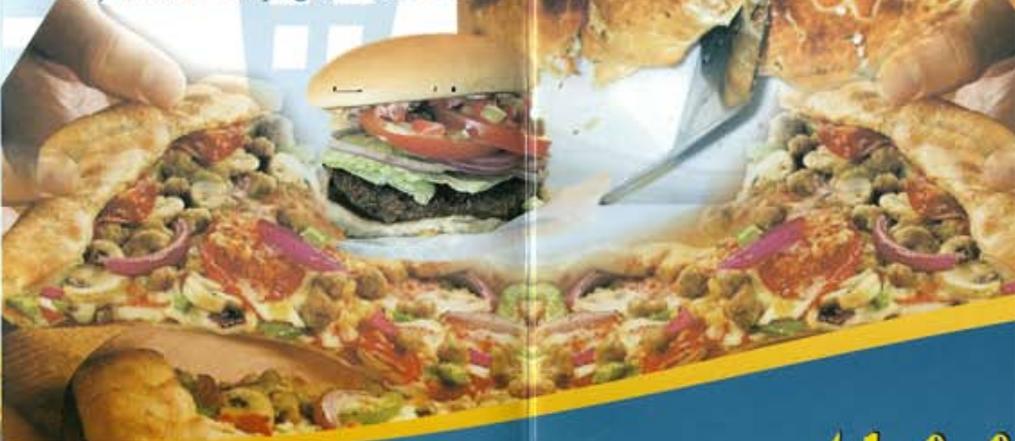
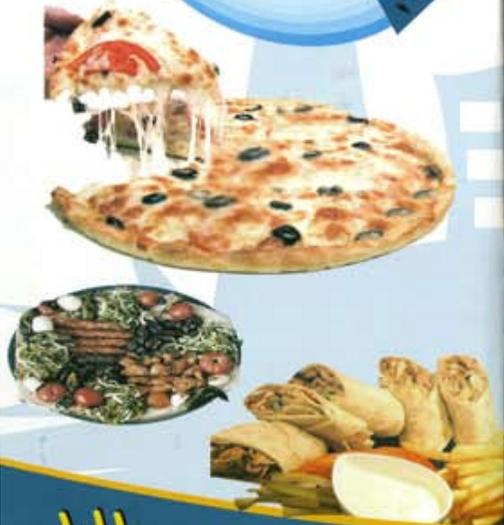
You Dial, We Deliver

**FREE**

on orders over \$ 11.00 ( within 5 Km )

**204-779-3408**

749, Ellice Winnipeg MB R3G 0B5



حلال

Halal

2 medium Pizzas for \$ 14.99

**PIZZA**

	S	M	L
1. Margarita -Cheese & tomato	6.00	7.00	8.00
2. Al-Fungi -mushroom & pineapple	7.00	8.00	9.00
3. Hawaiian -Pineapple	7.00	8.00	9.00
4. Pepperoni Passion -Double layers of pepperoni	7.00	8.00	9.00
5. Con Pollo -Chicken & sweet corn	7.00	8.00	9.00
6. Pepperoni & Salami & Cheese	7.00	8.00	9.00
7. Chicken	7.00	8.00	9.00
8. Farm House -Onion, mushroom & mixed peppers	7.55	8.50	9.50
9. Maxicana -Spicy beef, jalapeno & mixed peppers	7.50	8.50	9.50
10. Inferno -Onion, pepperoni, spicy beef	7.50	8.00	9.50
11. Garlic Chicken -Garlic, chicken, onion, mushroom	8.50	9.50	10.50
12. Vegetarian -Onion, mushroom, mixed peppers, fresh tomatoes, Chilly	7.50	8.00	9.50
13. Vegetarian(Indian Style)	7.50	8.50	9.50
14. Stagione -Salami, mushroom, olives	8.50	9.50	10.50
15. Italiana -Onion, pepperoni, fresh tomatoes	7.00	8.00	9.00
16. Meat Feast -Pepperoni, salami, chicken	8.00	9.00	10.0
17. Chef Special Salami, chicken, mushroom, sweet corn, peppers	8.00	9.00	10.0
18. Vegetarian Calazone -Folded in mushroom, onion, tomato, garlic, sweet corn	7.50	8.50	9.50
19. Meaty Calazone -Folded in pepperoni, salami, spicy beef	8.00	10.0	12.0
20. Full House -Bits of all toppings	8.50	9.50	10.50
21. Fourseasons -chicken, pepperoni, mushroom, pineapple	9.00	10.0	11.0

22. Tikka Chicken	8.00	9.00	9.00
23. Chicken Flamingo Fried onions, chicken, jalapeno	7.50	8.50	9.50

Make your own from list plus (add extra topping)

**Garlic Bread S M L**

24. Garlic Bread	5.00	5.00	7.00
25. Garlic Bread - Cheese	6.00	7.00	8.00
26. Garlic Bread - Cheese mushroom	6.50	7.50	8.00
27. Garlic Bread - Cheese, Onions	6.50	7.50	8.00
28. Garlic Bread - Cheese, Pepperoni	7.00	8.00	9.00

Onions, Mushrooms, Mixed Peppers, Fresh Tomatoes, Olives, Pineapple, Jalapeno, Sweet Corn, Garlic, Pepperoni, Chicken.

**Burgers S L**

29. Beef Burger	3.00	4.00
30. Cheese Burger	3.50	4.50
31. Chicken Burger	3.50	4.50

**KEBABS**

Served with Nan Bread and Barbekyo Salad

32. Chicken Kebab	9.59
33. Beef Kebab	8.59

**CALAZONE S M L**

Served with salad and sauce

34. Folded Chicken	8.69	10.69	12.69
--------------------	------	-------	-------

Extra Large Family Size 16

**Fried Chicken Meals**

35. 2pc Fried Chicken & Fries	2.99
36. 3pc Fried Chicken & Fries	3.99
37. Family Box 8 fried Chicken	3.99
38. 6pc Chicken Nuggets & Fries	3.99
39. 8pc Chicken Nuggets & Fries	4.99
40. 10pc Chicken Nuggets & Fries	5.99
41. Family Box 8 fried Chicken	11.99
42. & Large Fries	

- 43. Vegetable Cheese Warp
- 44. Chicken Cheese Warp
- 45. Hot Cajun Chicken Warp

**Side Orders S L**

46. Fries	2.00	3.00
47. Onion Rings	3.00	4.00
48. Coleslaw		1.00

**Appetizers**

49. Hommos	3.00	حميم
50. Motabbal	4.00	متببل
51. Laban & Khlar	4.00	لبن وخيار
52. Fattosh	6.00	فتوش
53. Warak Enab	6.00	ورق عنب
54. Bbab Ghannog	5.00	بابا غنوج
55. Mhammar	6.00	محممره

**Mixed Grill مشاوي مشكلة**

56. Beef Kabab	8.00
57. Sheesh Tawooq	9.00

**SANDWICH FALAFEL 5.49**

Gayro

5.99

TAX EXTRA ON ABOVE PRICES  
We do catering for Parties, Events, Corporate Meetings

Halal

# Reports:

## 19th Annual Muslim Student Association Conference

By: Sr. H. Hasinah Abdul Halim\*

Praises be to Allah for allowing the 19th annual MSA conference held from 18-20th Safar, 1430 Hijrah (February 13-15th) to come into fruition. The 3-day event was in abundance of insightful knowledge and provided Muslims in Manitoba the opportunity to discover the dimensions of self-purification; a theme central to the heart of each and every believer. We had the privilege of having Abdurraheem Green from jolly ol' England and our very own Ismael Mukhtar as our distinguished speakers, each having made invaluable contributions towards Islam. Although they differ in their

stylistic manner of presentation, their speeches complemented one another to allow a complete comprehension of the path towards self-purification. Indeed, it was a welcoming approach for they tied our knowledge of the material world to the immaterial world, which is practically nonexistent in the realm of the Westernized sciences. The paragraphs that follow are only snippets of what was covered during the conference.

To go on the path of self-purification, one must consider the facets that constitute the self. The heart (*qalb*) acts as the focal point that does more than pump blood around the human body. The intellect (*aql*) is the rational component that separates us from non-human beings. The desire (*hawaa*) is the constituent that is closest to our great enemy and is the only offensive tool that can bring an individual towards the path of destruction. One who submits to his every desire weakens and corrupts the heart until he brings forth his intellect to rationalize his every action, and when this happens the person has lowered himself to a rank lower than that of animals. Despite this, we also have an immutable

*continued on page 23*

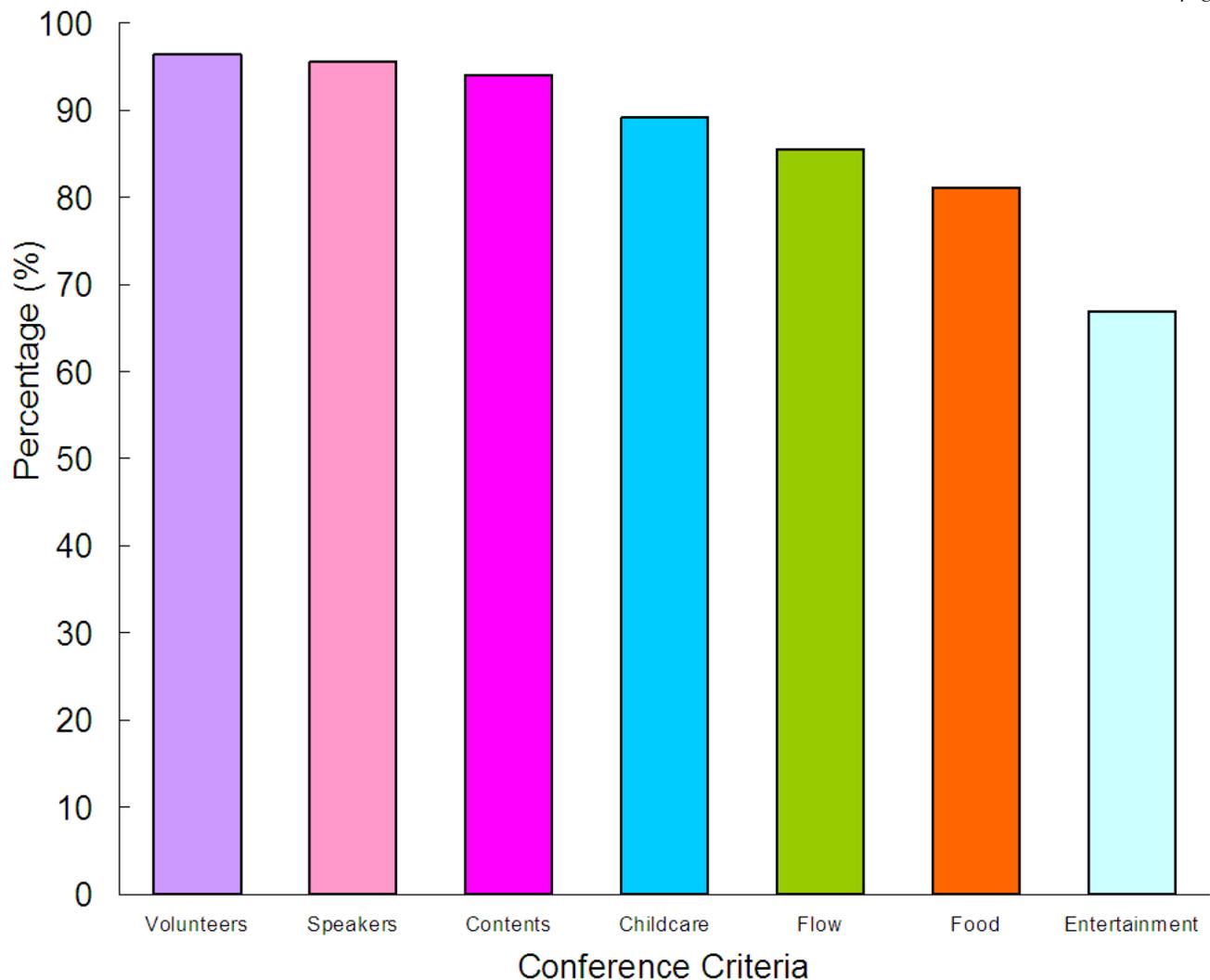


Figure 1. Percentage of respondents' overall satisfaction based on each criterion.

inclination towards good (i.e. *fitra*), which can lead us to a life of goodness towards Allah. It remains available and helps us in time of great need, thus we must learn to utilize our *fitra* in the most efficient manner at all times.

How does one undergo this seemingly mystical process? To do so, one must begin with the end in mind. This sentence alone speaks volumes of our presence on Earth and our accountability of our every action. An action is a result of our conscious decision, but unlike our conscious behaviour, *hawaa* is innate and can never be fully satisfied. When one concedes to this temporal form of self-gratification, he starts seeking for more and eventually becomes subjugated to his every "primitive" need. These needs are our basic desire concerning hunger, thirst, and even pleasure. Eating more than we should be; engaging in worthless activities; spending money on senseless items; engaging in meaningless conversation or even gossiping; self-purification entails controlling and overcoming such desires. However, this path is full of endless tests and struggles and this is our personal *jihad*. Through this virtuous path, we can achieve felicity. Thus, self-purification means a move towards strengthening of the heart by utilizing our intellect and our *deen* so that we do not fall prey to our caprices.

What purpose does self-purification serve? Apart from achieving felicity, we seek to achieve the Paradise (*jannah*)

## OTMANE HOME RENOVATIONS

### More than 20 years experience in home renovation projects

- general carpentry
- painting and decorating
- plumbing
- ceramic tiling
- decks
- kitchen renovations
- bathroom renovations
- complete basement finishing
- Arabian Majlis furniture

*\*Site visit to establish all measurements and dimensions, planning of basement, generate computer aided drawings showing proposed basement layout, review with client and take project to completion by constructing the proposed plan*

- COMPETITIVE RATES

- REFERENCES ARE AVAILABLE UPON REQUEST



OTMANE CHIOUA (204) 990-5899 HOME 256-1200

www.ottorenovation.com

that has been adorned with unspeakable beauties that'll make every believer rushing for his or her rightful place. However, there is also the Hellfire (*jahannam*) that has been adorned with the many pleasures of desire. This is the righteous place for those whose masters are not Allah, but their desires. Thus, self-purification would ensure we act according to the right purpose, which is for Allah's sake.

Another aspect of the conference held great relevance to the theme. The story of a Muslim convert can move the heart of many men and women, and the same can be said for Abdurraheem's, if not more. With respect to what has been said throughout this article, Abdurraheem's heartfelt story of his path to conversion was indeed a clear example of one's *jihad* and self-purification for none other than Allah. His explicit narratives of overcoming his worldly desires and finding his right path remind us that we are not to be complacent of our privileged status as born Muslims. Instead, we should be striving for more of Allah's rewards and for our places in the Paradise.

The scope of the conference cannot be covered justly within this pithy article. Many more remain to be mentioned and it will take up more than the pages of this magazine. Nonetheless, it is noteworthy that throughout the three days we have gained insights for the betterment of our own selves and of others. The Q&A sessions provided opportunities for the audience to bring forth intriguing queries that were relevant to the present situation. Short quizzes tested their knowledge on whether they truly listened and comprehended the topics. The turnout exceeded our expectations with the attendance totaling approximately 150 each day. Moreover, we had not anticipated that we would be able to cover the expenses.

The conference would not have come into fruition without generous donations from sponsors. May Allah reward them with His endless blessings and bounties. Additionally, this conference marked another milestone by having student volunteers as the organizing committee. Their tireless efforts and commitment toward ensuring each aspect of the conference was dealt with in the best possible manner should be commended. However, we are not without faults and we sincerely welcomed the comments, suggestions, and genuine concerns expressed by the attendees, specifically for the entertainment and food (see Figure 1). We have heavily considered and deliberated them for future MSA events, and *inshallah*, you will see the necessary ameliorations.

What this conference taught us was more than just a chance to spread knowledge on Islam. It allowed us to contemplate, ruminate and introspect on whether we are moving towards self-purification as described by Abdurraheem Green and Ismael Mukhtar. It made us question whether we are aware of the consequences of our every action or whether we are slaves to our desires. The life of a Muslim is not without daily struggles or tribulations and we should help one another to overcome them so that we may be among those in Paradise. As a closing remark, we offer our sincerest gratitude to

Abdurraheem Green and Ismael Mukhtar for revealing the internal and external dimensions of self-purification.

We would also like to acknowledge the volunteers involved in the conference:

Aezeden Mohamed	Mariam Jarkas
Ahad Baghery	Maryam Rezaey
Anas Aboobacker	Mastooreh Naseri
Barlin Farah	Muna Abdi
Celaleddin Gulluce	Mustafa Mohamed Talib
Davood Qahraman	Nermin Moujani
Farah Ahmed	Rania Mohamed Talib
Harun Cicek	Ryan Ramchandrar
Hasinah Halim	Saman Golkari
Mahmoud Alzaibak	Suadi Liban

If you are interested to learn more of the issues presented during the conference, please visit the UMMSA's website at: <http://www.ummsa.org/msa-conference-2009.html>

*\*Sr. H. Hasinah Abdul Halim – Raised; a student of psychology, University of Manitoba*

## Portraying the true image of Islam

By: Dr. Hussain Guisti\*

The Zubaidah Tallab Foundation, Manitoba's newest Muslim charity, has been quite active the past couple of months. The foundation held 4 video lecture series and 3 cartoon series programs in Winnipeg Central Mosque. They were all well attended with an average of 200 people per program. Entry was free and each program ended with a dinner. The Foundation also held a large kids party in the Grand Mosque that was attended by 150 children.

However, the program that garnered the most attention was one that did not deal with the Muslim community at all but dealt with the larger community we live in, Manitoba.

With the Red River rising, the province of Manitoba called for volunteers to help sandbag threatened homes along the Red. The Foundation saw this as an opportunity to not only show that we Muslims care, but also that we are an integral part of the community. With only hours notice, planning and coordination, the Foundation managed to garner seven volunteers, all men, who headed to Saint Andrews and sandbagged on March 27.

Once there, the benefits of helping out became quite clear. A large Hutterite community was also volunteering alongside volunteers from all walks of life. The Muslim volunteers quickly became the eye catcher of most people. When it was time to pray, the Muslim group prayed on the snow and drew the attention of all. Thus an opportunity of Da'wa sufficed. All in all some of the benefits were;

- With other church organizations there, namely the



Hutterites, having Muslims helping out reinforced our presence as a religious community.

- We showed that Islam was the complete opposite of it's portrayal in the media. We are helpers and compassionate and merciful.
- It was a great act of Da'wa as many of the Hutterite colony volunteers saw Muslims praying for the very first time and asked questions about Islam. This was the first time that most in this religious private Christian community were exposed to Islam or Muslims.
- We showed that Muslims are an integral part of Canadian culture and society - that we belong here and we care.
- We lastly showed that we are not locked in our shell.

The Foundation volunteered to sandbag again the following day on March 28th. This time around 19 volunteers went out, including 5 women with Hijab and youths. It was a great experience. The volunteering effort was picked up by CBC TV who mentioned the following: "and surprisingly, the Muslim community came out and sandbagged."

Of all the projects the Foundation has undertaken in Winnipeg, this one garnered the most response and feedback. People sent the pictures to their friends and colleagues worldwide. Alhamdulillah it was a great success.

*\*Dr. Hussain Guisti is the General Manager and CFO of Zubaidah Tallab Foundation.*

## Islamic Social Services Association 10th Anniversary Celebration and Fundraising Dinner

by Taibah Awan

Friday April 3rd 2009, marked the 10th Anniversary Celebration and Fundraising Dinner for Islamic Social Services Association (ISSA). Held at the prestigious Hilton Suites, over 200 guests occupied the formal banquet room. Sipping the delicious pink punch and chatting amongst themselves, the dinner guests and attendees were at ease as the evening progressed and everyone was seated waiting for the evening's program to begin.

*continued on page 25*

ISSA was established in 1999 in Washington D.C. at a meeting of Muslim social workers, mental health professionals, and counsellors. The late Dr. Maryam Funches, Dr. Aneesah Nadir, Dr. Bilqis Eltarab and Sr. Shahina Siddiqui were the visionary founders of ISSA. In 2003 ISSA split into 2 sister and independent organizations, one is located in the USA and the other is located in Winnipeg, Manitoba. Although separated by great distances, both ISSA organizations work together in collaboration and are still registered charities. As dinner guests and attendees were welcomed and acknowledged by MC and Vice President of ISSA, Br. Abdo Eltassi, everyone learnt of ISSA's major accomplishments within the past 10 years.

ISSA held its first open house in October of 2003 at the University of Winnipeg. Three hundred and fifty organizations and individuals from different sectors of society in Manitoba attended. In 2006, ISSA launched Canadian Muslim Women's Institute (CMWI), which is now an independent organization complete with its own governing Board. CMWI's objective is to empower Muslim women and has numerous projects currently active, including a food bank, English conversation support group and a sewing training school. Both organizations cooperate and work together serving the Muslim community.

Canadian Muslim Leadership Institute (CMLI) is an initiative recently established by ISSA. Currently an advisory council has been formed to direct and govern the formation and management of CMLI. Muslim Counselling Services (MCS) is also an initiative established by ISSA, however not fully developed yet. ISSA has initiated training of counsellors for this project as well as researching to make this project viable. ISSA has partnered with Child and Family Services to inform, train and recruit a pool of Muslim Foster Parents in Manitoba. ISSA has plans to bring this project national. ISSA has also been tremendously successful in their After School Summer Program, partnered with Scouts Canada. The After School Summer Program allowed Muslim youth to engaged in numerous activities around the city as well as participate in an outdoor camping adventure at Camp Amisk. This was coordinated by Sr. Anisa Isse, and Br. Mohammed Hassan.

ISSA invited several distinguished guests to their 10th anniversary dinner. Present were Lieutenant-Governor John Harvard, Jim Rondeau from the Premier's office, Mary Speers from the US Consulate, Richard Frost, CEO of the Winnipeg Foundation and Peggy Taillon from the Canadian Council of Social Development. Mike Glades representing the Governor General's office spoke of "building a broader sense of community" and "spirit of doing good can be shared by all cultures and all



communities".

Jim Rondeau, representative from the Province of Manitoba Premier's Office spoke of the important resources ISSA provides to all of Manitoba. "ISSA continues to receive wider support and continues to reach out for broader goals and more achievements" says Jim Rondeau, "ISSA continues to grow a community of greater knowledge and respect". Jim Rondeau spoke of the bridges that ISSA created, and how this had helped all departments bridge gaps as ISSA continues to building faith and understanding.

Robert Frost, CEO of Winnipeg Foundation, was awarded the first national Ihsan Award, presented by Sr. Shahina Siddiqui and Br. Abdo Eltassi. Robert Frost spoke of the importance of achieving through teamwork by reminding guests of events in the past which brought citizens of Winnipeg together, such as the Spring 1997 Flood of the Century and the Summer of 1999 Pan Am Games. New developments around the city display signs of a growing Winnipeg community, such as the new arena, new housing developments, and new bridges. Robert Frost spoke of the importance of social service providers, such as ISSA, as they concrete proactive steps to make positive changes. As new services are provided, new energy is formed and new ideas are formulated, which are later achieved. Robert Frost spoke of ISSA's accomplishments of creating itself as a national organization based in Winnipeg, the center of a Canadian society. This puts Winnipeg in a national leadership role from which all citizens of Winnipeg benefit. Robert Frost left us with a quote, "I am strong when I am on your shoulder, when you help me to be the greatest I can be". "Many people are strong because of the work you do to help", says Robert Frost.

The keynote speaker at the ISSA dinner was Peggy Taillon from the Canadian Council of Social Development. Peggy Taillon recently served as Vice President of Advocacy and Community Engagement at the Ottawa Hospital. She also worked at the International Initiative for Mental

Health Leadership, the Inner City Health Project, the Ontario Women's Health Council, and the Provincial Centre of Excellence for Child and Youth Mental Health. Peggy Taillon informed us of the "social issue" being both an economic and financial issue. It's considered fundamental work in challenging times. Peggy spoke of the dangers of a social recession as it tears apart communities. Peggy advised us to question ourselves; What have we learned? What will we learn? What can we change? This allows us to grasp an opportunity to create thoughtful resolutions. Peggy left us with a quote, "Diversity is the one thing we have in common. Celebrate it every day and success with follow".

ISSA's Board of Directors include Sr. Shahina Siddiqui-President, Br. Abdo Eltassi-Vice President, Sr. Mariam Omar-Secretary/Treasurer, Sr. Sophia Ali, Sr. Marwa Fadol, Br. Idris Khan, Sr. Nazia Islam, Sr. Aisha Sherazi, Sr. Selma Djukic, and Sr. Sheza Hasan.

For more information on ISSA, visit:  
<http://issaservices.com>

## Manitoba Muslim's 10th Anniversary Celebration Dinner

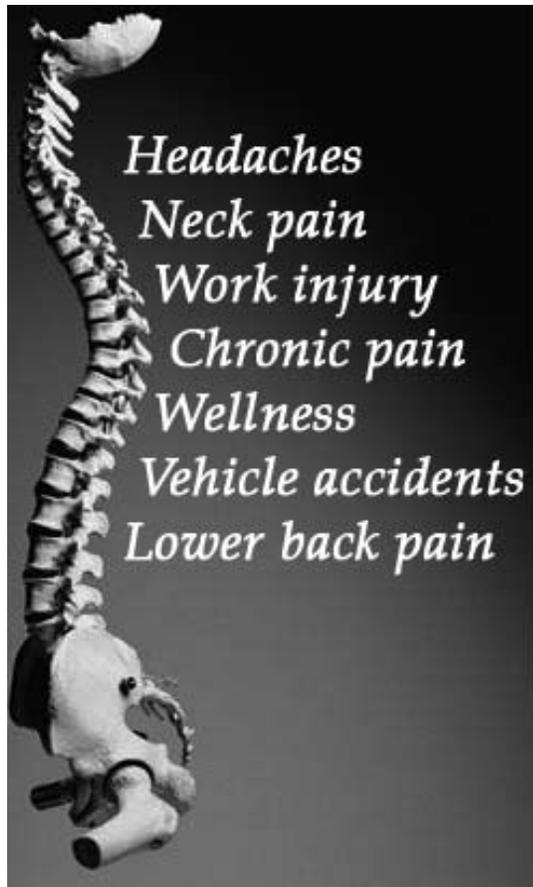
by Taibah Awan

The scent of pink roses welcomes and fills the banquet hall room on the evening of Saturday February 28th 2009 at the Wildwood Club. Over 150 guests are placed throughout the banquet room seated at round tables occupying the floor. A glimpse of the past is offered as cover shots from the past Manitoba Muslim Newsletters are hanging from the walls. Candles begin to burn as it infuses the night, the night of a celebration.

The 10th anniversary dinner was held to celebrate the achievements and accomplishments of the Manitoba Muslim Newsletter, as well as recognizing individuals whom have contributed significantly to the Manitoba Muslim.

The keynote speaker for the anniversary dinner was Imam Mohamed Majid, Vice President of Islamic Society of North America (ISNA), Imam and Executive Director of the All Dulles Area Muslim Society (ADAMS) in Sterling Virginia, one of the largest Muslim community organizations in the Washington Metropolitan Area. The ADAMS Center focuses actively on local faith dialogue programs, social

*continued on page 27*



*Headaches  
Neck pain  
Work injury  
Chronic pain  
Wellness  
Vehicle accidents  
Lower back pain*



Central  
Chiropractic  
Centre

*Chiropractic \* Massage therapy  
Two female therapists on staff*

**Dr. Asim Ashique**  
BSc(Hons), MSc, DC, FCCO(C)

**Chiropractic Specialist**

**Tel: 943-7200**

Located at Portage & Main (Winnipeg Square)

work, government relations, civic involvement, community service, and educating the local public about Islam and Muslims. Imam Majid also serves as a member of the Federal Bureau of Investigations Muslim, Sikh and Arab Advisory Board. He also holds the Chairmanship of the Fairfax County Faith Communities in Action. Imam Majid is a board member of the Fairfax County Partnership for Youth and is a member of the George Mason University Campus Ministry. Imam Majid is currently serving as a Board member of Faith Trust Institute and is also a member of the National Interfaith Planning Committee for Domestic Violence.

Sudanese born and residing in Reston, Virginia, Imam Majid is the son of the Grand Mufti in Sudan. Within the presence of his father and other notable scholars, Imam Majid studied and graduated in traditional Islamic discipline, including Shariah and Tawwauh (Islamic Spirituality).

The evening began with Maghrib prayer, shortly after which the Master of Ceremonies, Br. Idris Elbakri, along with the co-MC, Sr. Raja El-Mazini, welcomed all the dinner guests. The opening Quranic recitation was done by Br. Mahmoud, and the translation was read by Br. Ryan Ramchandrar. A formal dinner buffet was served immediately afterwards. Following dinner and dessert, the dinner program resumed.

Sr. Asma Mneina, a grade 12 student from Fort Richmond Collegiate was invited to present her speech 'Islam and the Media...The Way Forward' at the anniversary dinner. Her speech won her first place in the Youth Speech Competition sponsored by the Manitoba Muslim. Sr. Asma spoke of eliminating Islamophobia in our society, gaining strength to speak out and defend our rights in Islam. Sr. Asma also

encouraged us to question anything in Islam because Islam provides us with the logic to provide necessary answers to support itself. Lastly, Sr. Asma spoke of unifying the Ummah by keeping the intellects available. Sr. Asma left us with saying "like a rope was once sturdy, it's now worn out and divided into strands that are running thin. So before we try to start bettering the image of Islam from the outside, let's strengthen ourselves from the inside, and then take on the task together". Sr. Asma was presented with her prize after sharing her winning speech.

The Manitoba Muslim has been in print for the past 10 years due to the outstanding and continuous support of various Winnipeg Muslim businesses and individuals. The Manitoba Muslim wanted to recognize 5 generous, long term contributors at the anniversary dinner. Manitoba Islamic Association President, Dr. Ghassan Jhouni, presented 5 plaques as awards. Flying Pizza and Sunrise International Travel both received awards for continuous support to the Manitoba Muslim as Ad Sponsors. Sr. Sadiya Durrani, although not present at the dinner, was recognized for designing the Manitoba Muslim cover pages. Br. Imran Khan was presented with an award for assisting with the layout of the Manitoba Muslim. The Manitoba Muslim Editorial Board also presented an award to Sh. Ishmael Mukhtar for serving on the board continuously for the past 10 years. Following the awards ceremony, the keynote speaker Imam Mohamed Majid was invited to the podium to deliver his speech, "Diversity of Opinion: Unity of Purpose".

Imam Majid spoke of the importance of diversity in our Muslim Communities and establishing a platform to communicate within our community. This comes with both benefits as well as boundaries. Scholars have stated





that it is good to have both Iktilaf (disagreement) and Kilaf (opposition). Some benefits of this include interfaith dialogues, intra-faith dialogues, as well as promoting a stronger environment to create ways to address problems faced as a community. Some boundaries which are held to these benefits are to avoid being arrogant when involving yourself in such activities, as well as Dafi-ul-Hawaa, which means to show off.

Imam Majid spoke of the importance of Shurah in our Muslim Communities. The Quran encourages questions and discussions and to make decisions based on the dialogue. Imam Majid reminds us of the story of Salman El-Farsi, the Persian companion of the Prophet Muhammad (S.A.W) during the battle of Khandaq, the battle of the trench. The tactic of a defensive trench was introduced by Salman El-Farsi, who may have adapted it from the Persian army. By practicing Shurah, Prophet Muhammad (S.A.W) as well as the rest of his companions were able to engage in discussion, which resulted in a solution that led to success in the battle.

Imam Majid spoke of living in the West, a place of mixed cultural backgrounds and mindsets. A world of people each coming from a unique, distinct lifestyle, filled with their own personal experiences and opinions. Our world is a diverse place of diverse people with diverse opinions. The challenge of the Youth is the identity challenge, where religious and cultural values are sold to achieve twisted identities.

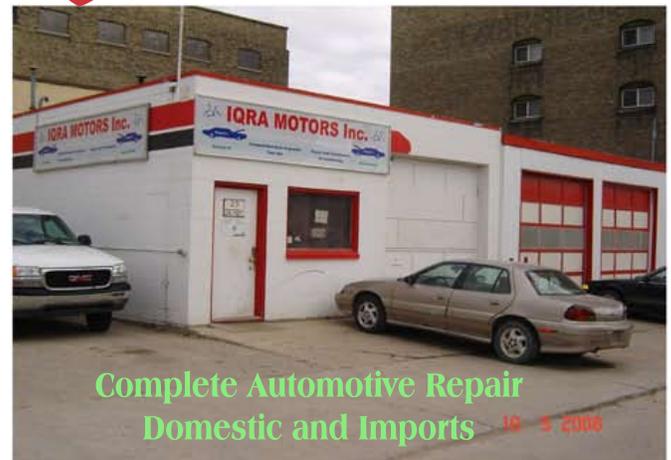
Imam Majid concluded his speech by encouraging us to engage in healthy debates within our communities, as this allows us to learn how people think and respond. No one should ever be afraid to engage in a debate. Disagreements should not affect unity however, it is best to keep in mind to practice respect. Respect each other, it is considered highly disrespectful to undermine people. It's very important to allow each person to stand by their opinions, no matter if you agree or disagree. It is always best to act on pure intentions. It is not considered wise to fight over small things to avoid them turning into larger disputes. Finally, Imam Majid left us with another mention of Shurah and its

importance. To practice Shurah means to create consensus, to consult, and then achieve opinion. This allows people to be informed as when information is fully laid out, it allows people to share ideas, to educate one another and stabilize a network to achieve stronger results within our community projects.

The anniversary dinner was sponsored by several notable individuals, businesses and organizations within the Winnipeg Muslim community. The Platinum sponsors for this event included Br. Abdo Eltassi, Winnipeg Central Mosque (WCM), and Islamic Social Services Association (ISSA). The Silver sponsors for this event included Sunrise International Tours and Travel Service, Flying Pizza, Mian Hameed, Suleman Aboobakr, Tariq Mian, Asim Ashique, Anis Khan, Dr. Ghassan Joundi, and Abyssinian Islamic Studies Group.

The anniversary dinner would not have been a successful event without the hard work and efforts by a team from the Manitoba Muslim Editorial Board, as well as other members from Winnipeg Muslim community. The anniversary dinner coordinators included Br. Idris Elbakri, Sr. Yasmin Ali, and Br. AbdulAziz Mian. Other members which were on the dinner organizing team included Br. Furqan Rajput, Sr. Saadia Qureshi, Br. Mahmoud Alzaibak, Sr. Taibah Awan, Sr. Raja Elmazini, Br. Ryan Ramchandrar, Sr. Nusraat Masood, and Br. Adeel Mirza.

## IQRA Motors Inc.



- Manitoba Vehicle safety Inspections
- Electronic & Electrical Diagnoses
- Tune ups, Fuel Injection Service
- Brakes, Suspension, Air Conditioning
- Radiator, Water Pump, Timing Belt and much more...

25 Derby Street, Winnipeg, MB  
(204) 219-5936

# rasoi

## THE KITCHEN

Pakistani & Indian Take-out Experience!!!

Dozen \$5.99



### COMBO 1 \$ 4.99

Chick Peas Curry Rice  
Veg. Samosa Canned Drink



### COMBO 2 \$ 5.99

Chicken Curry Rice  
Veg. Samosa Canned Drink



حلال

### COMBO 3 \$ 5.99

Beef Curry Rice  
Veg. Samosa Canned Drink



### COMBO 4 \$ 5.99

Veg. Korma Rice  
Aloo Tikki Canned Drink



### COMBO 5 \$ 5.99

2 Pc Tandoori Chicken  
Naan Veg. Samosa Canned Drink



### COMBO 6 \$ 6.50

Butter Chicken Rice  
Veg. Samosa Canned Drink



596 Ellice Ave., R3G 0A3 Winnipeg, MB. Ph: (204) 786 1544 Fax: (204) 786 1550

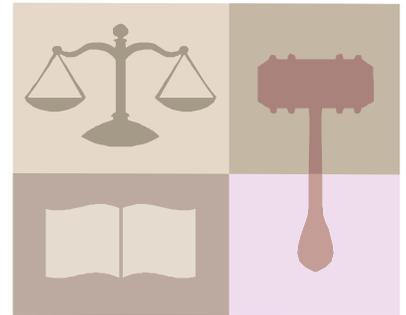
Halal

Takeout & Delivery

Halal

# Louay R. Alghoul L.L.B.

Barrister & Solicitor



139 Carmen Avenue  
Winnipeg, Manitoba  
R2L-0E5  
Ph. (204) 784-8362  
Fax(204) 775-0902

## **Specialized in the areas of:**

- **Business, Commercial & Corporate Law**
- **Professional Corporations (Medical, Dental, etc.)**
- **Real Estate & Conveyancing**
- **Wills, Power of Attorney & Estate Law (including Islamic Wills)**
- **IMMIGRATION:**
  - **All areas of Immigration Law including Federal, Provincial, Appeals, Refugee, TRV, Work Permits, etc.**
- **Civil Litigation and Employment Law**
- **Mediation and Arbitration**

- ❖ **We believe in the preventative practice of the law and we encourage our clients to be prepared at all times.**
- ❖ **First 1/2 hour of consultation is FREE.**

# Manitoba Muslim Girls' Camp

15-19 JULY (WED. TO SUN) 2009

AGES 12 TO 19

REGISTRATION FEE: \$200

LATE REGISTRATION FEE: \$300

REGISTRATION DEADLINE: JULY 1 2009

CONTACT AT: [WWW.MUSLIMGIRLSCAMP.COM](http://WWW.MUSLIMGIRLSCAMP.COM)

